

# DANC 076A: DANCE, BALLET

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**Originator**

snew

**Co-Contributor(s)****Name(s)**

Jackson, Laurilie

**Justification / Rationale**

To create an A and B in the ballet course offerings for continued learning in ballet technique and principles.

**Effective Term**

Fall 2019

**Credit Status**

Credit - Degree Applicable

**Subject**

DANC - Dance

**Course Number**

076A

**Full Course Title**

Dance, Ballet

**Short Title**

DANCE, BALLET

**Discipline****Disciplines List**

Dance

**Modality**

Face-to-Face

**Catalog Description**

This course provides instruction in beginning ballet technique and terminology.

**Schedule Description**

Instruction in beginning ballet.

**Lecture Units**

1

**Lecture Semester Hours**

18

**Lab Units**

1

**Lab Semester Hours**

54

**In-class Hours**

72

**Out-of-class Hours**

36

**Total Course Units**

2

**Total Semester Hours**

108

**Required Text and Other Instructional Materials****Resource Type**

Book

**Open Educational Resource**

No

**Author**

Sandra Noll Hammond

**Title**

Ballet Basics

**Edition**

5th

**Publisher**

McGraw Hill

**Year**

2004

**College Level**

Yes

**ISBN #**

ISBN-13: 9780072557145

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**For Text greater than five years old, list rationale:**

As ballet is 500 years old there are rarely changes in its traditions and techniques. This book is clear and well presented for the beginning student. MSJC uses this text book also. As students must have ballet shoes, the text book is available for them to use at the reference desk in the library to ease their expenses.

**Class Size Maximum**

25

**Course Content**

Beginning instruction in ballet technique, terminology, fundamentals and etiquette

1. Proper body alignment
2. Body placement
3. Basic positions of arms and feet; basic directions of the body
4. Strength conditioning and development; range of motion and flexibility
5. Barre technique
6. Center technique and movement combinations
7. Across the floor technique and movement combinations
8. Discernment and application of movement pattern(s)
9. Basic ballet movement vocabulary and terminology

**Lab Content**

1. Execution and practice of ballet technique and terminology - includes barre, center and across the floor activities. Steps introduced include: pliés, port de bras, relevé/elevé, tendu, glissé, degagé, rond de jambe, en de dans and en d'hors, passé, développé, fondu, frappé, battement, sousus, temps lié, glissade, chasé, pas de bourée, piqué, coupé, pirouette, chaîné, soutenu, sauté, temps levé,

balancé, waltz, arabesque, attitude, pas de chat, assemblé, jété, echappé, changement, soubresaut, body positions -devant, derrière and à la seconde, en croix, body directions- en face, croisé, effacé, and ecarté.

2. Work in groups to enhance learning and creativity.

3. Explore and create new patterns and combinations.

4. View video examples of classical ballet steps and choreography.

### Course Objectives

	Objectives
Objective 1	Identify and demonstrate steps of basic ballet movement vocabulary.
Objective 2	Recognize and utilize basic ballet terminology.
Objective 3	Apply basic movement patterns and directions.
Objective 4	Create new patterns using steps from ballet movement vocabulary.
Objective 5	Demonstrate proper body positioning and placement.

### Student Learning Outcomes

	Upon satisfactory completion of this course, students will be able to:
Outcome 1	Apply basic principles and techniques of classical ballet.
Outcome 2	Demonstrate basic ballet movement vocabulary and patterns.

### Methods of Instruction

Method	Please provide a description or examples of how each instructional method will be used in this course.
Activity	Students work individually and in groups to practice instructor demonstrated and student created movement phrases.
Participation	Students participate in group and individual activities (barre, center and across the floor), and discussions.
Observation	Instructor observes student's progress through activities. Students observe instructor demonstration, peers' group and individual activities and via video presentations.
Lecture	Instructor introduces new material before activities and informs/guides/ advises students during and after activities.
Demonstration, Repetition/Practice	Instructor demonstrates movement, students model, recreate and refine the movement by practicing through repetition and conditioning the body.

### Methods of Evaluation

Method	Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment
Presentations/student demonstration observations	Students present a routine of their own choreography as a final project. Preparation out of class with performance in class.	In and Out of Class
Written homework	Students answer questions that explore aspects and principles of ballet, terminology and etiquette and discuss a classical ballet performance. Assignments additionally have in-class discussion and review.	In and Out of Class
Student participation/contribution	Students participate in every class through barre, center and across the floor activities. Instructor observes and assesses students' progress.	In Class Only
Group activity participation/observation	Students create and execute movement combinations in groups and individually. Students discuss and share the process, any personal insights and observations (In class). Instructor assesses.	In Class Only

Mid-term and final evaluations

Students have a final exam that includes essay questions, true/ false and multiple choice. Additionally students must translate a movement phrase as written in (French) ballet terminology and execute the movement.

In Class Only

## Assignments

### Other In-class Assignments

1. Execute techniques for barre, center and across the floor exercises.
2. Combine ballet steps to create new patterns and execute those patterns.
3. Condition the body to enhance ballet movement vocabulary and execution.

### Other Out-of-class Assignments

1. Practice techniques for barre, center and across the floor exercises.
2. Practice learned movement phrases and step combinations.
3. Practice combining ballet steps to create new patterns.
4. Continue to condition the body daily to improve execution of movement.
5. Written assignment exploring ballet technique, etiquette and theories.
6. Develop and perform a short ballet combination.

### Grade Methods

Letter Grade Only

## MIS Course Data

### CIP Code

50.0302 - Ballet.

### TOP Code

100800 - Dance

### SAM Code

E - Non-Occupational

### Basic Skills Status

Not Basic Skills

### Prior College Level

Not applicable

### Cooperative Work Experience

Not a Coop Course

### Course Classification Status

Credit Course

### Approved Special Class

Not special class

### Noncredit Category

Not Applicable, Credit Course

### Funding Agency Category

Not Applicable

### Program Status

Program Applicable

### Transfer Status

Transferable to both UC and CSU

**Allow Audit**

Yes

**Repeatability**

No

**Materials Fee**

No

**Additional Fees?**

No

**Approvals****Curriculum Committee Approval Date**

11/9/2018

**Academic Senate Approval Date**

11/29/2018

**Board of Trustees Approval Date**

12/14/2018

**Chancellor's Office Approval Date**

12/18/2018

**Course Control Number**

CCC000579561

**Programs referencing this course**Musical Theatre Certificate of Achievement (<http://catalog.collegeofthedesert.eduundefined?key=153/>)