

Course Outline of Record

1. Course Code: KINE-057
2.
 - a. Long Course Title: Fencing
 - b. Short Course Title: FENCING
3.
 - a. Catalog Course Description:
 This course provides beginning, intermediate, and advanced instruction and performance in fencing skills, and bodily development pertinent thereto, in each of the three competitive weapons: the foil, the sabre, and the epee.
 - b. Class Schedule Course Description:
 This course provides instruction in fencing.
 - c. Semester Cycle (if applicable): *N/A*
 - d. Name of Approved Program(s):
 • KINESIOLOGY
4. Total Units: 1.00 Total Semester Hrs: 36.00
 Lecture Units: 0.5 Semester Lecture Hrs: 9.00
 Lab Units: 0.5 Semester Lab Hrs: 27.00
 Class Size Maximum: 40 Allow Audit: No
 Repeatability No Repeats Allowed
 Justification 0
5. Prerequisite or Corequisite Courses or Advisories:
Course with requisite(s) and/or advisory is required to complete Content Review Matrix (CCForm I-A)
N/A
6. Textbooks, Required Reading or Software: (List in APA or MLA format.) *N/A*
7. Entrance Skills: *Before entering the course students must be able:*
a. be eligible to take college credit courses.

8. Course Content and Scope:

Lecture:

- a. The History of Fencing
- b. The History of Competitive Fencing
- c. Fencing Etiquette
- d. How to Fence Competitively
- e. The Set-Up of the Fencing Strip
- f. How to Keep Score
- g. How to Keep Time
- h. How to Judge a Fencing Bout
- i. How to Direct a Fencing Bout
- j. Right-of-Way
- k. Remise
- l. Redoublement
- m. Reprise
- n. Weapons
- o. Equipment
- p. Clothing
- q. Tactics
- r. Strategy
- s. Weapon Repair

Lab: (if the "Lab Hours" is greater than zero this is required)

- a. Salute
- b. En Guard Position
- c. Advance
- d. Retreat
- e. Straight Thrust
- f. Lunge
- g. Advance-Lunge
- h. Parry 4, with Riposte
- i. Parry 6, with Riposte
- j. Attacks in the High-Line
- k. B-Advance
- l. B-Retreat
- m. Ecartata
- n. Posada de Soto
- o. Counter Parry 4, with Riposte
- p. Counter Parry 6, with Riposte
- q. Attacks in the Low-Line
- r. Low-Line Parry 7, with Riposte
- s. Low-Line Parry 8, with Riposte
- t. Ballestra
- u. Fleche Attack
- v. Disengage
- w. Cut-Over
- x. One-Two Attack
- y. Forward Recovery
- z. Simple Beat Attack
- aa. Change Beat
- ab. Double Change Beat
- ac. The Glisser

9. Course Student Learning Outcomes:

- 1. Execute the correct body posture for fencing techniques.
- 2. Display proper fencing etiquette.
- 3. Cite and apply fencing terminology and rules.
- 4. Develop physical fitness.

10. Course Objectives: *Upon completion of this course, students will be able to:*

- a. Demonstrate footwork, body positions, and handwork to perform all fencing maneuvers properly, safely, and enjoyably. (The basic stance, advance, retreat, balestra, lunge, high-line, and low-line attacks, parries, and disengagements.)
- b. Demonstrate techniques and tactics associated with each weapon, the proper terminology for the various moves and countermoves, the vocabulary associated with the sport, and how to properly conduct a fencing competition.
- c. Demonstrate improved agility and stamina, discipline, and self-esteem.
- d. Demonstrate self-control and sportsmanship.

11. Methods of Instruction: *(Integration: Elements should validate parallel course outline elements)*

- a. Activity
- b. Demonstration, Repetition/Practice
- c. Discussion
- d. Individualized Study
- e. Laboratory

- f. Lecture
- g. Observation
- h. Participation
- i. Role Playing

12. Assignments: *(List samples of specific activities/assignments students are expected to complete both in and outside of class.)*

In Class Hours: 36.00

Outside Class Hours: 18.00

a. In-class Assignments

- a. Class handouts.
- b. Skill practice.
- c. Video and TV observations.

b. Out-of-class Assignments

- a. Reading assignments
- b. Class handouts.
- c. Written reports on magazines and periodicals.
- d. Video and TV observations.

13. Methods of Evaluating Student Progress: *The student will demonstrate proficiency by:*

- Written homework
- Self-paced testing
- Laboratory projects
- Group activity participation/observation
- Self/peer assessment and portfolio evaluation

14. Methods of Evaluating: Additional Assesment Information:

a. Essay b. Non-Computational Problem-Solving c. Skill Demonstration d. Multiple Choice Exams e. Attendance and Participation

15. Need/Purpose/Rationale -- *All courses must meet one or more CCC missions.*

PO-GE C5 – Personal Growth and Development

Exhibit habits of intellectual exploration, personal responsibility, and well being.

IO - Personal and Professional Development

Demonstrate an understanding of ethical issues to make sound judgments and decisions.

16. Comparable Transfer Course

University System	Campus	Course Number	Course Title	Catalog Year
--------------------------	---------------	----------------------	---------------------	---------------------

17. Special Materials and/or Equipment Required of Students:

18. Materials Fees: Required Material?

Material or Item	Cost Per Unit	Total Cost
-------------------------	----------------------	-------------------

19. Provide Reasons for the Substantial Modifications or New Course:

periodic review and course modification

20. a. Cross-Listed Course *(Enter Course Code):* N/A

b. Replacement Course *(Enter original Course Code):* N/A

21. Grading Method *(choose one):* Letter Grade Only

22. MIS Course Data Elements

- a. Course Control Number [CB00]: CCC000166555
- b. T.O.P. Code [CB03]: 83500.00 - Physical Education
- c. Credit Status [CB04]: D - Credit - Degree Applicable
- d. Course Transfer Status [CB05]: A = Transfer to UC, CSU
- e. Basic Skills Status [CB08]: 2N = Not basic skills course
- f. Vocational Status [CB09]: Not Occupational
- g. Course Classification [CB11]: Y - Credit Course
- h. Special Class Status [CB13]: N - Not Special
- i. Course CAN Code [CB14]: N/A
- j. Course Prior to College Level [CB21]: Y = Not Applicable
- k. Course Noncredit Category [CB22]: Y - Not Applicable
- l. Funding Agency Category [CB23]: Y = Not Applicable
- m. Program Status [CB24]: 1 = Program Applicable

Name of Approved Program (if program-applicable): KINESIOLOGY

Attach listings of Degree and/or Certificate Programs showing this course as a required or a restricted elective.)

23. Enrollment - Estimate Enrollment

First Year: 30

Third Year: 30

24. Resources - Faculty - Discipline and Other Qualifications:

- a. Sufficient Faculty Resources: Yes
- b. If No, list number of FTE needed to offer this course: N/A

25. Additional Equipment and/or Supplies Needed and Source of Funding.

N/A

26. Additional Construction or Modification of Existing Classroom Space Needed. (Explain:)

N/A

27. FOR NEW OR SUBSTANTIALLY MODIFIED COURSES

Library and/or Learning Resources Present in the Collection are Sufficient to Meet the Need of the Students Enrolled in the Course: Yes

28. Originator Wendy Ansley Origination Date 10/09/14