

Course Outline of Record

1. Course Code: PSY-012
2. a. Long Course Title: Human Sexuality  
 b. Short Course Title: HUMAN SEXUALITY
3. a. Catalog Course Description:  
 This course examines the development and practice of human sexuality through exploration of the psychological, social, cognitive, and physiological dimensions of human behavior.  
 b. Class Schedule Course Description:  
 This introductory course focuses on the development and practice of human sexuality through exploration of the physiological, psychological, social, cognitive and personal dimensions of human behavior.  
 c. Semester Cycle (if applicable): Fall & Spring  
 d. Name of Approved Program(s):  
 • PSYCHOLOGY Associate in Arts for Transfer Degree (AA-T)
4. Total Units: 3.00      Total Semester Hrs: 54.00  
 Lecture Units: 3      Semester Lecture Hrs: 54.00  
 Lab Units: 0      Semester Lab Hrs: 0  
 Class Size Maximum: 50      Allow Audit: No  
 Repeatability No Repeats Allowed  
 Justification 0
5. Prerequisite or Corequisite Courses or Advisories:  
*Course with requisite(s) and/or advisory is required to complete Content Review Matrix (CCForm1-A)*  
 Advisory: ENG 001A
6. Textbooks, Required Reading or Software: (List in APA or MLA format.)  
 a. Crooks, R. & Bauer, K. (2014). *Our Sexuality* (12th/e). Pacific Grove, CA Wadsworth. ISBN: 0-495-81336-2  
 College Level: Yes  
 Flesch-Kincaid reading level: 12
7. Entrance Skills: *Before entering the course students must be able:*  
 a.  
 Understand how readers' experiences influence the reading of texts.  
 • ENG 001A - Understand how readers' experiences influence the reading of texts.  
 b.  
 Develop ideas coherently in writing through the drafting process.  
 • ENG 001A - Develop ideas coherently in writing through the drafting process.  
 c.  
 Participate in the process of developing texts in collaborative and individual settings.  
 • ENG 001A - Participate in the process of developing texts in collaborative and individual settings.  
 d.  
 Write thesis statements, topic sentences, and ideas in an organized way in multi-page essays.  
 • ENG 001A - Write thesis statements, topic sentences, and ideas in an organized way in multi-page essays.
8. Course Content and Scope:

Lecture:

1. Sex, Sexuality, and Gender
2. Perspectives on Sexuality: Cultural and Social Values
3. Sex Research
4. Gender Issues
5. Female Sexual Anatomy and Physiology
6. Male Sexual Anatomy and Physiology
7. Sexual Arousal and Response
8. Sexual Orientation
9. Sexuality Throughout Life-span
10. Love, Attraction, Relationships, and Sexual Communication
11. Contraception, Conception, and Childbirth
12. Sexual Behaviors
13. Sexually Transmitted Infections
14. Nature and Origins of Sexual Difficulties and Sex Therapy
15. Asexual Typical Variations
16. Sexual Coercion and Commercial Sex

Lab: (if the "Lab Hours" is greater than zero this is required)

9. Course Student Learning Outcomes:

1. Identify male and female anatomical structures and functioning involved in human sexual behavior and human reproduction.
2. Identify the etiology, symptoms, treatment, prevention, ethical issues, and societal impact of sexually transmitted diseases.
3. Identify the physical, social, cultural, and psychological developmental factors that impact sexual attitudes and behaviors.

10. Course Objectives: *Upon completion of this course, students will be able to:*

- a. Explain sexual diversity and values of various cultures.
- b. Evaluate how media influences and reflects sexuality.
- c. Locate systematic studies of human sexuality.
- d. Critique changing gender roles in today's society and the impact of these changes in intimate relationships.
- e. Identify relevant features of human anatomy and physiology in the reproductive processes and the role of the brain and neurotransmitters in sexual arousal.
- f. Identify factors contributing to relationship satisfaction over time.
- g. Identify ways couples can share responsibility for birth control.
- h. Determine physiological and psychosocial factors contributing to sexual dysfunctions and identify treatment alternatives available for men and women who experience sexual difficulties.
- i. Identify strategies to reduce the likelihood of contracting a sexually transmitted infections.
- j. Analyze psychosocial bases of rape, childhood sexual abuse, and prostitution.

11. Methods of Instruction: (*Integration: Elements should validate parallel course outline elements*)

- a. Activity
- b. Collaborative/Team
- c. Discussion
- d. Individualized Study
- e. Journal
- f. Lecture
- g. Participation
- h. Self-exploration
- i. Technology-based instruction

Other Methods:

Video Group discussion Guest lecturers

12. Assignments: (*List samples of specific activities/assignments students are expected to complete both in and outside of class.*)

In Class Hours: 54.00

# PSY 012-Human Sexuality

Outside Class Hours: 108.00

## a. In-class Assignments

- a. Attendance of lectures by instructor and occasional guest speakers, including the taking of detailed notes thereon.
- b. Viewing of films and slide programs, including the taking of notes thereon.
- c. Listening to sound recordings and taking notes thereon.
- d. Special reports by students, in panel or singly.
- e. Participation in class research projects involving the collection, compilation and interpretation of data, including the composition of written or oral reports thereon.
- f. Examinations of various types, such as essay and multiple choice.

## b. Out-of-class Assignments

- a. Readings in the textbook and in recommended supplementary literature.
- b. Media Critiques

### 13. Methods of Evaluating Student Progress: *The student will demonstrate proficiency by:*

- College level or pre-collegiate essays
- Written homework
- Critiques
- Guided/unguided journals
- Term or research papers
- Presentations/student demonstration observations
- Group activity participation/observation
- Self/peer assessment and portfolio evaluation
- True/false/multiple choice examinations
- Mid-term and final evaluations

### 14. Methods of Evaluating: Additional Assessment Information:

### 15. Need/Purpose/Rationale -- *All courses must meet one or more CCC missions.*

IGETC Area 4: Social and Behavioral Sciences

#### I: Psychology

CSU GE Area D: Social, Political, and Economic Institutions and Behavior, Historical

#### D9 - Psychology

CSU GE Area E: Lifelong Understanding and Self-Development

#### E - Lifelong Understanding and Self-Development

PO-GE C2 - Social and Behavioral Sciences

Identify and analyze key concepts and theories about human and/or societal development.

Critique generalizations and popular opinion about human behavior and society, distinguishing opinion and values from scientific observations and study.

Understand and think critically about different cultures (including topics such as race, gender, and class) and their influence on human development or society.

Examine the biological, psychological, and sociological factors that influence the personalities and behaviors of females and males from a multicultural perspective.

Develop individual responsibility, personal integrity, and respect for diverse people and culture.

PO-GE C5 – Personal Growth and Development

Value learning as a lifelong endeavor designed to enrich one's life.

Exhibit habits of intellectual exploration, personal responsibility, and well being.

Interact with individuals and within groups with integrity and awareness of others' opinions, feelings, and values.

Recognize and value the human body as an integrated organism with systemic functions such as movement, nutrition, growth, reproduction, and aging.

# PSY 012-Human Sexuality

## PO-BS Critical Thinking

- Locate questions and problems as a result of conversation, reading, and lectures
- Assess relevant information and come to thought-out conclusions and solutions.
- Value open-mindedness.
- Communicate meaningfully with others.

## IO - Personal and Professional Development

- Self-evaluate knowledge, skills, and abilities.
- Display habits of intellectual exploration, personal responsibility, and physical well being.
- Demonstrate an understanding of ethical issues to make sound judgments and decisions.
- Value diverse cultures and populations.

## IO - Scientific Inquiry

- Identify components of the scientific method.
- Analyze quantitative and qualitative information to make decisions, judgments, and pose questions.
- Recognize the utility of the scientific method and its application to real life situations and natural phenomena.

## IO - Critical Thinking and Communication

- Apply standard conventions in grammar, mechanics, usage and punctuation.
- Appreciate diversity as it is expressed in multiple disciplines and across various cultures through reading, speaking and writing.
- Conduct research, gather and evaluate appropriate information, organize evidence into oral and written presentation, using proper MLA, APA, and other discipline-specific formats to cite sources.
- Utilizing various communication modalities, display creative expression, original thinking, and symbolic discourse.

## IO - Global Citizenship - Ethical Behavior

- Apply ethical reasoning to contemporary issues and moral dilemmas.
- Appreciate the complexity of global relationships between self and others, as well as self and the environment.
- Integrate universally accepted values such as honesty, responsibility, respect, fairness, courage and compassion into judgments and decision-making.
- Exhibit respect for self and others.

## PO-SSS Personal Development and Responsibility

- Display habits of intellectual exploration, personal responsibility, and physical well being.
- Develop individual responsibility, personal integrity, and respect for diverse people and cultures.
- Value and accept people with different cultural and linguistic backgrounds and abilities.
- Understand ethical issues to make sound judgments and decisions.

## PO-SSS Self-Awareness, Self-Understanding, and Self-Advocacy

- Evaluate their knowledge, skills, and abilities.
- self knowledge.
- define their own needs.
- the ability to get what they need.
- Develop realistic goals.
- Appreciate the value of feedback.
- Adapt to challenging situations.
- Recognize that knowledge is the key to self-advocacy.

## 16. Comparable Transfer Course

University System	Campus	Course Number	Course Title	Catalog Year
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## 17. Special Materials and/or Equipment Required of Students:

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18. Materials Fees:  Required Material?

**Material or Item**

**Cost Per Unit**

**Total Cost**

# PSY 012-Human Sexuality

19. Provide Reasons for the Substantial Modifications or New Course:

SLO modification and ENG advisory modification if needed

20. a. Cross-Listed Course (*Enter Course Code*): N/A  
b. Replacement Course (*Enter original Course Code*): N/A

21. Grading Method (*choose one*): Letter Grade Only

22. MIS Course Data Elements

- a. Course Control Number [CB00]: CCC000196598  
b. T.O.P. Code [CB03]: 200100.00 - Psychology, General  
c. Credit Status [CB04]: D - Credit - Degree Applicable  
d. Course Transfer Status [CB05]: A = Transfer to UC, CSU  
e. Basic Skills Status [CB08]: 2N = Not basic skills course  
f. Vocational Status [CB09]: Not Occupational  
g. Course Classification [CB11]: Y - Credit Course  
h. Special Class Status [CB13]: N - Not Special  
i. Course CAN Code [CB14]: N/A  
j. Course Prior to College Level [CB21]: Y = Not Applicable  
k. Course Noncredit Category [CB22]: Y - Not Applicable  
l. Funding Agency Category [CB23]: Y = Not Applicable  
m. Program Status [CB24]: 1 = Program Applicable

Name of Approved Program (*if program-applicable*): PSYCHOLOGY

*Attach listings of Degree and/or Certificate Programs showing this course as a required or a restricted elective.)*

23. Enrollment - Estimate Enrollment

First Year: 0

Third Year: 0

24. Resources - Faculty - Discipline and Other Qualifications:

- a. Sufficient Faculty Resources: Yes  
b. If No, list number of FTE needed to offer this course: N/A

25. Additional Equipment and/or Supplies Needed and Source of Funding.

N/A

26. Additional Construction or Modification of Existing Classroom Space Needed. (*Explain:*)

N/A

27. FOR NEW OR SUBSTANTIALLY MODIFIED COURSES

Library and/or Learning Resources Present in the Collection are Sufficient to Meet the Need of the Students Enrolled in the Course: Yes

28. Originator Chris Jones Origination Date 10/31/17