

PTA 012: CLINICAL FIELDWORK I

Originator

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Co-Contributor(s)**Name(s)**

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Justification / Rationale

Minor Changes to course name and update to SLOs and hours to meet CAPTE standards

Effective Term

Fall 2022

Credit Status

Credit - Degree Applicable

Subject

PTA - Physical Therapist Assistant

Course Number

012

Full Course Title

Clinical Fieldwork I

Short Title

CLINICAL FIELD I

Discipline**Disciplines List**

Physical Therapy Assisting

Modality

Face-to-Face

Catalog Description

This is the first full-time clinical assignment in the PTA program in which students perform delegated patient care responsibilities in a physical therapy clinical setting, under the supervision of a licensed physical therapist. Students will practice the application of physical therapy procedures according to the setting such as the acute, sub-acute, outpatient, skilled nursing, or other type of physical therapy/rehabilitation clinical facility. Facility will be assigned by program faculty.

Limitation on enrollment: Admission to the Physical Therapist Assistant (PTA) Program

Schedule Description

Physical Therapy Assistant (PTA) students will complete a clinical affiliation at a clinical facility assigned by the program faculty. Days, hours, and facility will vary.

Prerequisite: PTA 003 & PTA 004

Advisory: ENG 061

Limitation on enrollment: Admission to the Physical Therapist Assistant (PTA) Program

Lecture Units

0

Lab Units

4.5

Lab Semester Hours

243

In-class Hours

243

Out-of-class Hours

0

Total Course Units

4.5

Total Semester Hours

243

Prerequisite Course(s)

PTA 003 & PTA 004

Advisory: ENG 061

Limitation on Enrollment

Admission to the Physical Therapist Assistant (PTA) Program

Class Size Maximum

25

Entrance Skills

Identify and employ prewriting activities.

Requisite Course Objectives

ENG 061-Use theses to organize paragraphs into coherent analyses.

Entrance Skills

Comprehend and summarize reading.

Requisite Course Objectives

ENG 061-Demonstrate the ability to read and respond in writing beyond the literal interpretation of the text.

Entrance Skills

Apply safe treatment principles in the inpatient setting

Requisite Course Objectives

PTA 003-Explain and demonstrate proper utilization of devices and equipment such as assistive/adaptive devices and prosthetics and orthotics following evidence based practice while educating patients and caregivers.

PTA 003-Illustrate proper patient education on body mechanics and technique when performing functional training in self-care and in domestic, education, work, community, social and civic life while performing in a competent and ethical manner.

PTA 003-Demonstrate effective communication with patient/client caregiver and family to obtain current level of function, health and performing patient education while respecting differences, values, preferences and expressed needs with patient conditions commonly seen in the inpatient setting.

PTA 003-Demonstrate effective utilization of measurements of vital signs and responses to positional changes and activities and interpret results to identify when an intervention should not be performed and report changes to physical therapist.

PTA 003-Demonstrate and describe how to perform measurements for height, weight, length and girth and be able to detect changes in patient's state of arousal, mentation and cognition and evaluate integumentary integrity: detect absent and altered sensation, normal and abnormal integumentary changes, activities, positions and postures that aggravate or relieve pain or altered sensations, or that can produce associated skin trauma and recognize viable versus nonviable tissue as commonly seen in the inpatient setting.

PTA 003-Interpret finding of muscle performance with manual muscle testing, muscle tone and presence of muscle mass to help determine safety, status, and progression of patients while engaging in gait, locomotion, balance, wheelchair management and mobility.

PTA 003-Demonstrate proficiency in implementing selected interventions in wound management including: isolation techniques, sterile techniques, application and removal of dressing or agents, and identification of precautions for dressing removal.

Entrance Skills

Effectively apply treatment techniques in the outpatient setting

Requisite Course Objectives

PTA 004-Demonstrate and describe effective manual therapy techniques, such as passive range of motion, therapeutic massage, joint mobilization and therapeutic exercise.

PTA 004-Explain safe and effective use of biophysical agents, cryotherapy, hydrotherapy, superficial and deep thermal agents, biofeedback, electrotherapeutic agents, compression and demonstrate proper use and identify contraindications.

PTA 004-Demonstrate patient education skills to explain selection of interventions prescribed by physical therapist in POC.

PTA 004-Demonstrate ability to recognize normal and abnormal joint movement, trunk and extremities alignment and ROM.

PTA 004-Illustrate ability to document physical therapy treatment results in SOAP (Subjective, Objective, Assessment and Plan) notes and grid formats.

Lab Content

1. Professional Communication and Behavior
 - a. Beginner level to intermediate level
 - i. Verbal and written communication
 - ii. Responsibility
 1. punctuality, dependability for assigned tasks, selects professional dress, uses initiative for self-learning, adapts to changes in schedule.
 - iii. Working relationships
 1. Patients, families and staff
 2. Maintain confidentiality
 3. Feedback
2. Protocols for Patient Safety.
 - a. Health and safety regulations
 - b. Follow treatment precautions and reviews chart for contraindications to treatment
 - c. Continually maintain safe environment.
 - d. Demonstrate safe treatment interventions
3. Ethical Practice and Legal Standards.
 - a. Recognize and report ethical violations
 - b. Report violations of laws on regulations
 - c. Report to appropriate authorities suspected cases of abuse of vulnerable populations
4. Documentation
 - a. Gather standard data from intake history or questionnaire
 - b. Review the medical record in its entirety
 - c. Assess effect of gender, cultural and ethnic influences on patient response to progress
 - d. Record intervention into physical therapy progress note
 - e. Record progress concisely and accurately in medical record
5. Patient Treatment Protocols
 - a. Arrange the treatment room and table appropriately
 - b. Position and drape the patient for comfort and for correct exposure of the part to be treated
 - c. Explain the treatment and checks for contraindications.
 - d. Select correct transporting device
 - e. Choose correct gait and assistive device according to therapist's intervention plan
 - f. Adjust equipment to correctly fit the patient
 - g. Check equipment for safe use.
 - h. Select appropriate gait pattern according to plan and diagnosis
 - i. Demonstrate to the patient, and family if appropriate, the gait pattern and management of the gait device
 - j. Spot the patient using safety belt, good body mechanics and correct hand placement
 - k. Teach correct techniques for stairs, curbs, ramps, doors and other architectural barriers
 - l. Properly administer physical agent modalities
 - m. Identify the appropriate technique from medical record and/ or discussion with therapist
 - n. Perform goniometric measurements and gross muscle tests to the extremities for data collection
 - o. Record and communicate observations and findings
 - p. Perform postural drainage on respiratory patients
 - q. Instruct patient/family in assigned treatment regime
 - r. Instruct patient in exercise routines as directed by the physical therapist
 - s. Identify and perform shared departmental responsibilities

- t. Contribute to the discontinuation of episode of care planning and follow-up processes as directed by the supervising physical therapist

Course Objectives

	Objectives
Objective 1	Demonstrate knowledge of laws and financial management and awareness of when to report abuse and insurance fraud.
Objective 2	Demonstrates interaction with patients and health care teams that is consistent with APTA's ethical and value based behaviors.
Objective 3	Demonstrate ability to interpret plan of care and implement evidence based clinical decisions with varying interventions and stopping treatment due to clinical indications.
Objective 4	Demonstrate ability to collect patient information through subjective interview to assist with understanding of placement on ICF model.
Objective 5	Demonstrate ability to review health records and measures while monitoring plan of care to make adjustments based on status and clinical indications and communicate changes to physical therapist.
Objective 6	Demonstrate communication skills with patients when discussing short term goals, long term goals and outcomes and educate patients throughout the process.
Objective 7	Contribute to patient centered interprofessional collaborative care, quality assurance and efforts to increase patient and health care safety.
Objective 8	Complete patient documentation following practice, state and regulatory guidelines in an accurate and timely manner.
Objective 9	Demonstrate and explain intervention to patients and safely and effectively implement all interventions applicable in the setting.
Objective 10	Demonstrate and utilize all necessary tests and measures in a safe and effective manner applicable in the setting of internship.

Student Learning Outcomes

	Upon satisfactory completion of this course, students will be able to:
Outcome 1	Student will be able to implement treatment plan at direction of Physical Therapist or Physical Therapist Assistant.
Outcome 2	Demonstrate intermediate-level performance in a physical therapy clinical setting as assessed on CPI
Outcome 3	Demonstrate intermediate-level clinically appropriate, timely, and effective communication to patient, supervising Physical Therapist, and supporting clinical team members.
Outcome 4	Demonstrate professional clinical behavior that minimizes risk to patient, self and others in a responsible and respectful manner while adhering to ethical, supervisory, and legal standards at an intermediate level.

Methods of Instruction

Method	Please provide a description or examples of how each instructional method will be used in this course.
Collaborative/Team	Cohort model used to assess case studies in rehabilitation settings.
Demonstration, Repetition/Practice	Instructor demonstration of applicable materials to reinforce learning on a variety of therapy strategies.
Laboratory	Hands-on practice of skills learned on a variety of physical therapy topics.

Methods of Evaluation

Method	Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment
Guided/unguided journals	Field journals used to document client sessions.	In Class Only
Group activity participation/observation	Discussions with clinical instructor on topics related to clinical fieldwork.	In Class Only
Student participation/contribution	Hands on clinical work at assigned facility performed 40 hours per week.	In Class Only
Presentations/student demonstration observations	Assigned topics in physical therapy and presentation of material at facility of clinical field work.	In Class Only

Self/peer assessment and portfolio evaluation	Mid-term and final self assessment using CPI.	In Class Only
Mid-term and final evaluations	Clinical Instructor CPI Assessment.	In Class Only

Assignments

Other In-class Assignments

Reading Assignments

1. Weekly reading based upon clinical patient treatments.
2. Homework as assigned by the clinical instructor/course instructor.

Projects, Activities, and other Assignments

1. Field work in the clinical environment treating patients with orthopedic, neurologic, and general medical diagnosis.
2. In-service presentation to clinical staff on patient treatment diagnosis, physical therapy treatment techniques, or medical diagnosis.
3. Tracking of clinical hours during the clinical rotation and completion of the clinical site information form as required for CAPTE PTA program accreditation requirements.

Writing Assignments

1. Weekly journals reflecting on what the student experienced/learned, identifying weekly goals and methods on how to achieve the goals, along with identifying areas of clinical improvement.
2. A sample treatment note to gauge progress towards skilled, defensible documentation.
3. Weekly clinical goal setting with the clinical instructor.
4. In-service presentation to clinical staff related to a relevant physical therapy topic of value to the clinical setting/staff.
5. Clinical instructor and site evaluation for ongoing continuous program/clinical improvement and CAPTE PTA Program requirements.
6. Midterm and Final written self evaluation of clinical patient experience and learning experience.

Grade Methods

Pass/No Pass Only

MIS Course Data

CIP Code

51.0806 - Physical Therapy Technician/Assistant.

TOP Code

122200 - Physical Therapist Assistant

SAM Code

C - Clearly Occupational

Basic Skills Status

Not Basic Skills

Prior College Level

Not applicable

Cooperative Work Experience

Not a Coop Course

Course Classification Status

Credit Course

Approved Special Class

Not special class

Noncredit Category

Not Applicable, Credit Course

Funding Agency Category

Not Applicable

Program Status

Program Applicable

Transfer Status

Not transferable

Allow Audit

No

Repeatability

No

Materials Fee

No

Additional Fees?

No

Files Uploaded**Attach relevant documents (example: Advisory Committee or Department Minutes)**

2017 - Meeting Notes - 05-16-17.pdf

LMI_Physical Therapy_Dec2017.pdf

PTA 012 CO Approval Letter.pdf

Approvals**Curriculum Committee Approval Date**

03/17/2022

Academic Senate Approval Date

03/24/2022

Board of Trustees Approval Date

04/22/2022

Chancellor's Office Approval Date

05/06/2022

Course Control Number

CCC000631410