

DSPS 312: SOCIAL SKILLS 1 FOR STUDENTS WITH DISABILITIES

New Course Proposal

Date Submitted: Tue, 19 Mar 2019 00:02:47 GMT

Originator

kbrooks

Co-Contributor(s)

Name(s)

Curry, Victoria

Ologhlin, Donald

Quiñones, Leslie

Justification / Rationale

As increasing number of students with disabilities attend college, there is a need for additional program and services support to ensure access and equity to these students. Many students with disabilities are attending college with limitations specifically related to appropriate social skills. Poor social skills can negatively influence the student's educational experience, which can lead to poor outcomes in the college setting. This course is designed to support students in improving both their in-person and online social skills.

Effective Term

Fall 2020

Credit Status

Noncredit

Subject

DSPS - Disabled Students

Course Number

312

Full Course Title

Social Skills 1 for Students with Disabilities

Short Title

SOCIAL SKILLS 1-DSPS

Discipline

Disciplines List

Disabled Student Programs and Services (DSPS)

Modality

Face-to-Face

Catalog Description

This course is designed for students with disabilities who want to learn how to improve in-person and online social skills. This course will include activities to enhance social interaction skills, including unstated rules in a variety of social situations. This course will also cover skills related to relationships, verbal and non-verbal communication, conflict resolution, and planning and attending social events.

Schedule Description

This course is designed for students with disabilities who want to learn how to improve in-person and online social skills.

Non-credit Hours

54

In-class Hours

54

Out-of-class Hours

0

Total Semester Hours

54

Override Description

Noncredit course.

Required Text and Other Instructional Materials**Resource Type**

Book (Recommended)

Author

Temple Grandin Ph.D Sean Barron

Title

Unwritten Rules of Social Relationships

Edition

2nd

Publisher

Future Horizons

Year

2017

Class Size Maximum

12

Course Content

1. Basic Social Skills
 - a. Showing respect
 - i. Respect for others
 - ii. Respect for self
 - iii. Diversity and tolerance
 - b. Attitude
 - i. Behaviors exhibiting a positive attitude
 - ii. Avoiding a negative attitude
 - iii. Behaviors exhibiting a negative attitude
 - iv. Maintaining a positive attitude in challenging situations
 - c. Manners
 - i. Using good manners at school
 - ii. Using good manners at work
 - iii. Using good manners in the community
 - d. Conversational skills
 - i. In-person
 - ii. Introductions
 1. Conversing with an individual
 2. Conversing with a group
 3. Maintaining interest
 4. Exiting a group conversation early
 5. Formal and informal situations
 6. Personal versus impersonal topics

7. Formal versus informal language
8. Two-way conversations
- iii. Electronic social skills
 1. Phone skills
 - a. Rules for phone calls
 - b. Starting and ending a phone call
 - c. Leaving a voicemail
 2. Email
 - a. Rules for emailing
 - b. Appropriate message length
 - c. Appropriate message content
 3. Text messaging
 - a. Rules for texting
 - b. Appropriate message content
 4. Internet/Social Media
 - a. Cyber bullying
 - b. Internet etiquette
 - c. Privacy information
- e. Non-verbal communication
 - i. Body language
 - ii. Facial expressions
 - iii. Tone of voice
 - iv. Appearance
 - v. Hygiene
- f. Humor
 - i. Appropriate use of humor
 - ii. Rules for using humor
 - iii. Understanding Sarcasm
- g. Responding to success and accomplishment
- h. Responding to mistakes and embarrassment
- i. "Unstated rules" of social situations

Course Objectives

Objectives	
Objective 1	Demonstrate ability to show respect and maintain a positive attitude.
Objective 2	Demonstrate improvement of in-person and online conversational skills.
Objective 3	Develop and discuss strategies for building relationships with others.
Objective 4	Differentiate and list strategies to manage conflict.
Objective 5	Describe areas that can be challenging for the individual in a social setting.

Student Learning Outcomes

Upon satisfactory completion of this course, students will be able to:	
Outcome 1	Demonstrate effective communication skills.
Outcome 2	Demonstrate interpersonal skills by learning and working cooperatively in a diverse environment.
Outcome 3	Utilize critical thinking skills to solve problems independently, cooperatively, and to make decisions.

Methods of Instruction

Method	Please provide a description or examples of how each instructional method will be used in this course.
Role Playing	Class and small group activities such as role playing challenging social situations.
Lecture	Lecture on unstated rules of communication, reading body language and facial expressions.
Discussion	Discussion of appropriate use of humor in specific situations, such as at work, school, and with peers.

Participation	Participation in small group and class activities and discussions including practicing expressing feelings and monitoring behavior.
Journal	Journal entries will be utilized in documenting specific social skills challenges in interactions with others, along with analysis for improving outcomes in the future.
Demonstration, Repetition/Practice	Creating and analyzing appropriate electronic communications (email, text, social media).

Methods of Evaluation

Method	Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment
Group activity participation/observation	Assessments based on specific social skills learned	In Class Only
Presentations/student demonstration observations	Presentation of specific appropriate vs. not appropriate social interactions	In Class Only
Guided/unguided journals	Journal used to document and evaluate social interactions outside of class, discuss in class	In Class Only
Tests/Quizzes/Examinations	Exam will measure acquisition of unwritten social skills/norms and etiquette	In Class Only

Assignments
Grade Methods

Pass/No Pass Only

MIS Course Data
CIP Code

35.0199 - Interpersonal Social Skills, Other.

TOP Code

493031 - Living Skills, Handicapped

SAM Code

E - Non-Occupational

Basic Skills Status

Not Basic Skills

Prior College Level

Not applicable

Cooperative Work Experience

Not a Coop Course

Course Classification Status

Non-Enhanced Funding

Approved Special Class

Approved for special class for students with disabilities

Noncredit Category

Substantially Disable

Funding Agency Category

Not Applicable

Program Status

Stand-alone

Transfer Status

Not transferable

Allow Audit

No

Repeatability

Yes

Repeatability Limit

3X

Repeat Type

Noncredit

Justification

Students with disabilities may need to repeat this class several times to acquire these skills completely.

Materials Fee

No

Additional Fees?

No

Files Uploaded**Attach relevant documents (example: Advisory Committee or Department Minutes)**

Fall 2018-19 DSPPS Advisory Committee Meeting Minutes October 2018.pdf

Approvals**Curriculum Committee Approval Date**

11/05/2019

Academic Senate Approval Date

11/14/2019

Board of Trustees Approval Date

12/19/2019

Chancellor's Office Approval Date

01/10/2020

Course Control Number

CCC000611561