

# PSY 010: PSYCHOLOGICAL ASPECTS/MARRIAGE & FAMILY

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**Originator**

Linda Emerson

**Co-Contributor(s)****Name(s)**

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**Justification / Rationale**

The course is being modified to allow online presentation based on the current pandemic and update course objectives.

**Effective Term**

Fall 2021

**Credit Status**

Credit - Degree Applicable

**Subject**

PSY - Psychology

**Course Number**

010

**Full Course Title**

Psychological Aspects/Marriage & Family

**Short Title**

PSY. MARRIAGE&FAMILY

**Discipline****Disciplines List**

Psychology

**Modality**

Face-to-Face

100% Online

Hybrid

**Catalog Description**

This course is designed to develop the student's repertoire of behavioral skills and an understanding of the principles governing marriage and family life. Included are areas such as communication, decision-making, human sexuality, divorce, single parenting, alternative family lifestyles and coping with stress.

**Schedule Description**

This course is designed to develop the student's repertoire of behavioral skills and an understanding of the principles governing marriage and family life, which includes topics such as communication, decision-making, human sexuality, divorce, and parenting. Advisory: ENG 061

**Lecture Units**

3

**Lecture Semester Hours**

54

**Lab Units**

0

**In-class Hours**

54

**Out-of-class Hours**

108

**Total Course Units**

3

**Total Semester Hours**

162

**Prerequisite Course(s)**

Advisory: ENG 061

**Required Text and Other Instructional Materials****Resource Type**

Book

**Author**

Stinnett, N., Stinnett, N., DeGenova, M.K., Rice, P.

**Title**

Intimate Relationships, Marriages and Families

**Edition**

9th

**City**

New York

**Publisher**

Oxford University Press

**Year**

2016

**College Level**

Yes

**Flesch-Kincaid Level**

15

**ISBN #**

0190278579

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**Resource Type**

Book

**Author**

Benokraitis, Nicole

**Title**

Marriages and Families: Changes, Choices and Constraints

**Edition**

8th

**City**

Hoboken

**Publisher**

Pearson

**Year**

2014

**College Level**

Yes

**ISBN #**

978-020591835

**Class Size Maximum**

50

**Entrance Skills**

Synthesize ideas and information from multiple sources.

**Requisite Course Objectives**

ENG 061-Use theses to organize paragraphs into coherent analyses.

ENG 061-Demonstrate the ability to think critically and express ideas using various patterns of development.

ENG 061-Demonstrate the ability to read and respond in writing beyond the literal interpretation of the text.

**Entrance Skills**

Form a controlling idea in writing.

**Requisite Course Objectives**

ENG 061-Demonstrate the ability to think critically and express ideas using various patterns of development.

ENG 061-Recognize features of style such as purpose, audience and tone integrate these elements into academic and professional writing.

ENG 061-Demonstrate the ability to use research skills including library resources such as books, periodicals, electronic databases and online resources such as the internet.

ENG 061-Demonstrate the ability to read and respond in writing beyond the literal interpretation of the text.

**Entrance Skills**

Evaluate and use specific data to support general ideas.

**Requisite Course Objectives**

ENG 061-Demonstrate the ability to think critically and express ideas using various patterns of development.

ENG 061-Demonstrate the ability to use research skills including library resources such as books, periodicals, electronic databases and online resources such as the internet.

ENG 061-Demonstrate the ability to read and respond in writing beyond the literal interpretation of the text.

**Course Content**

- a. Intimate relationships, marriages and families in the 21<sup>st</sup> century
- b. Family backgrounds and how they influence
- c. Gender: identity and roles
- d. Being single
- e. Attraction and dating
- f. Love and mate selection
- g. Qualities of a successful marriage
- h. Marital relationship over the family life cycle
- i. Work, family roles, and material resources
- j. Power, decision-making and communication
- k. Family planning and parenthood
- l. Pregnancy and childbirth
- m. Parent-child relationships

- n. Parent and extended family relationships
- o. Conflict, family crises, and crisis management
- p. The family and divorce
- q. Coming together: remarriage and step-parenting?
- r. The future of the family

**Course Objectives**

Objectives	
Objective 1	Demonstrate an understanding of major theories contributing to understanding the social institution of the family.
Objective 2	Identify and discuss the family from a historical, cross cultural and political perspective.
Objective 3	Identify and examine gender, socialization and age within the family.
Objective 4	Identify and understand kinship and family arrangements.
Objective 5	Describe and explain families and work, socio-economic status, inequality and the impact on the family.
Objective 6	Describe and explain how public policy and social change has an impact on dimensions of the family.
Objective 7	Develop a critical awareness of the unique goals and differential values determining the quality of marital relationships.
Objective 8	Demonstrate an understanding of the principles governing effective, problem-solving communication.
Objective 9	Identify, analyze and evaluate techniques for coping with stress.
Objective 10	Evaluate the functions of marriage and the family as a dimension of society--for example, the economic, political, educational, religious, etc.
Objective 11	Analyze theories relating to human relationships.
Objective 12	Identify alternative life-styles and critically evaluate their impact upon contemporary marriages and family as well as society at large.
Objective 13	Develop an understanding of the significance of human sexuality in marital relationships.
Objective 14	Identify those personality characteristics often associated with physical, drug or psychological abuse.
Objective 15	Analyze and appreciate the magnitude of the impact of progress through the life-cycle on marriage and family relationships.

**Student Learning Outcomes**

Upon satisfactory completion of this course, students will be able to:	
Outcome 1	Recognize and appreciate the impact of the family life cycle on the individual as well as marriage and family relationships.
Outcome 2	Identify characteristics and behaviors associated with developing and sustaining successful relationships across the family life cycle.
Outcome 3	Identify the different types of families, and recognize and respect the influence of alternative lifestyles and culture on the individual and marriage and family relationships.

**Methods of Instruction**

Method	Please provide a description or examples of how each instructional method will be used in this course.
Collaborative/Team	Students will work collaboratively in a group to study a specific category of marriage and family life (i.e., communication, decision-making, human sexuality, divorce, single parenting, alternative family lifestyles, and coping with stress) and research to compare and contrast a historical and contemporary example. They will articulate and apply identifying characteristics and behaviors associated with developing and sustaining successful relationships across the family life cycle.
Lecture	The instructor will deliver significant course concepts and the impact of the family life cycle on the individual and marriage and family relationships through slides, videos/documentaries, articles, and websites.
Participation	Participation will be an aspect of the required part of the course grade, including asking and answering questions in class, participating in in-class and group discussions, completing in-class activities and worksheets, and sharing perspectives to reinforce learning.

Activity	Various activities from identifying potential problems in marriages and families to demonstrating attitudes and behaviors needed to adjust and cope. Also performing in-class activities to demonstrate mastery of course concepts.
Technology-based instruction	Documentaries, films, and short clips will be utilized to reinforce course concepts.

### Methods of Evaluation

Method	Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment
College level or pre-collegiate essays	Choose a marriage and family issue about marriage and family relationships, different types of families, alternative lifestyles, or cultural influence on the individual and marriage and family relationships. Students will write a detailed research paper on the issue chosen.	In and Out of Class
Student participation/contribution	Students will discuss individually and in small groups, various topics covered in the class.	In and Out of Class
Mid-term and final evaluations	There will be a midterm and a final exam using true/false multiple-choice and short-answer questions.	In and Out of Class
Tests/Quizzes/Examinations	Quizzes taken via canvas covering the various issues discussed in class and the reading assigned that week.	In and Out of Class
Group activity participation/observation	Students will discuss in small groups various topics covered in the class.	In and Out of Class

### Assignments

#### Other In-class Assignments

a. Attend lectures by instructor and occasional guest speakers, including the taking of detailed notes thereon. b. Viewing of films and slide programs, including the taking of notes thereon. c. Special reports by students, in panel or singly. d. Participation in class research projects involving the collection, compilation and interpretation of data, including the composition of written or oral reports thereon. e. Examinations of various types, such as essay and multiple choice.

#### Other Out-of-class Assignments

a. Readings in the textbook and in recommended supplementary literature.  
b. Watch media clips posted via on-line learning platform (e.g. Canvas).

#### Grade Methods

Letter Grade Only

### Distance Education Checklist

Include the percentage of online and on-campus instruction you anticipate.

### Instructional Materials and Resources

If you use any other technologies in addition to the college LMS, what other technologies will you use and how are you ensuring student data security?

N/A

If used, explain how specific materials and resources outside the LMS will be used to enhance student learning.

N/A

### Effective Student/Faculty Contact

Which of the following methods of regular, timely, and effective student/faculty contact will be used in this course?

#### Within Course Management System:

Discussion forums with substantive instructor participation  
Online quizzes and examinations

Regular virtual office hours  
Timely feedback and return of student work as specified in the syllabus  
Video or audio feedback  
Weekly announcements

**External to Course Management System:**

Direct e-mail  
Posted audio/video (including YouTube, 3cm mediasolutions, etc.)  
Teleconferencing  
Telephone contact/voicemail

**Briefly discuss how the selected strategies above will be used to maintain Regular Effective Contact in the course.**

We believe the strategies discuss above are the best and most common way to maintain regular effective contact with students. There will be discussions in which the students will interact with each other and the instructor. Moreover, students will be encouraged to interact with each other. Additionally, watching and commenting on videos, creating group projects, weekly announcements, quizzes, and timely feedback ensures students get the optimal level of interaction with the instructor and class.

**If interacting with students outside the LMS, explain how additional interactions with students outside the LMS will enhance student learning.**

N/A

**Other Information****COD GE**

C2 - Social and Behavioral Science  
C5 - Personal Growth and Development

**CSU GE**

D4 - Gender Studies  
E - Lifelong Understanding and Self-Development

**MIS Course Data****CIP Code**

42.0101 - Psychology, General.

**TOP Code**

200100 - Psychology, General

**SAM Code**

E - Non-Occupational

**Basic Skills Status**

Not Basic Skills

**Prior College Level**

Not applicable

**Cooperative Work Experience**

Not a Coop Course

**Course Classification Status**

Credit Course

**Approved Special Class**

Not special class

**Noncredit Category**

Not Applicable, Credit Course

**Funding Agency Category**

Not Applicable

**Program Status**

Program Applicable

**Transfer Status**

Transferable to both UC and CSU

**General Education Status**

Y = Not applicable

**Support Course Status**

N = Course is not a support course

**Allow Audit**

No

**Repeatability**

No

**Materials Fee**

No

**Additional Fees?**

No

**Files Uploaded**

**Attach relevant documents (example: Advisory Committee or Department Minutes)**

PSY 010 CO approval letter.pdf

**Approvals****Curriculum Committee Approval Date**

11/18/2021

**Academic Senate Approval Date**

12/09/2021

**Board of Trustees Approval Date**

01/21/2022

**Chancellor's Office Approval Date**

03/11/2010

**Course Control Number**

CCC000200650

**Programs referencing this course**

Psychology AA-T Degree (<http://catalog.collegeofthedesert.eduundefined/?key=19>)

Psychology AA Degree (<http://catalog.collegeofthedesert.eduundefined/?key=21>)

Liberal Arts: Social and Behavioral Sciences AA Degree (<http://catalog.collegeofthedesert.eduundefined/?key=30>)

Alcohol and Drug Studies AS Degree (<http://catalog.collegeofthedesert.eduundefined/?key=66>)