

# PSY 010: PSYCHOLOGICAL ASPECTS/MARRIAGE & FAMILY

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**Changes saved but not submitted****Originator**

lemerson

**Justification / Rationale**

Add approved GE

**Effective Term**

Fall 20

**Credit Status**

Credit - Degree Applicable

**Subject**

PSY - Psychology

**Course Number**

010

**Full Course Title**

Psychological Aspects/Marriage &amp; Family

**Short Title**

PSY. MARRIAGE&amp;FAMILY

**Discipline****Disciplines List**

Psychology

**Modality**

Face-to-Face

**Catalog Description**

This course is designed to develop the student's repertoire of behavioral skills and an understanding of the principles governing marriage and family life. Included are areas such as communication, decision-making, human sexuality, divorce, single parenting, alternative family lifestyles and coping with stress.

**Schedule Description**

This course is designed to develop the student's repertoire of behavioral skills and an understanding of the principles governing marriage and family life, which includes topics such as communication, decision making, human sexuality, divorce, and parenting. Advisory: ENG 061

**Lecture Units**

3

**Lecture Semester Hours**

54

**Lab Units**

0

**In-class Hours**

54

**Out-of-class Hours**

108

**Total Course Units**

3

**Total Semester Hours**

162

**Prerequisite Course(s)**

Advisory: ENG 061

**Required Text and Other Instructional Materials****Resource Type**

Book

**Author**

Stinnett, Stinnett, DeGenova, Rice

**Title**

Intimate Relationships, Marriages and Families

**Edition**

9th

**City**

New York

**Publisher**

Oxford University Press

**Year**

2016

**College Level**

Yes

**Flesch-Kincaid Level**

15

**ISBN #**

9780190278571

**Resource Type**

Book

**Author**

Benokraitis, Nicole

**Title**

Marriages and Families: Changes, Choices and Constraints

**Edition**

8th

**City**

Hoboken

**Publisher**

Pearson

**Year**

2014

**College Level**

Yes

**ISBN #**978-020591835

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**Class Size Maximum**

50

**Entrance Skills**

Synthesize ideas and information from multiple sources.

**Requisite Course Objectives**

ENG 061-Use theses to organize paragraphs into coherent analyses.

ENG 061-Demonstrate the ability to think critically and express ideas using various patterns of development.

ENG 061-Demonstrate the ability to read and respond in writing beyond the literal interpretation of the text.

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**Entrance Skills**

Form a controlling idea in writing.

**Requisite Course Objectives**

ENG 061-Demonstrate the ability to think critically and express ideas using various patterns of development.

ENG 061-Recognize features of style such as purpose, audience and tone integrate these elements into academic and professional writing.

ENG 061-Demonstrate the ability to use research skills including library resources such as books, periodicals, electronic databases and online resources such as the internet.

ENG 061-Demonstrate the ability to read and respond in writing beyond the literal interpretation of the text.

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**Entrance Skills**

Evaluate and use specific data to support general ideas.

**Requisite Course Objectives**

ENG 061-Demonstrate the ability to think critically and express ideas using various patterns of development.

ENG 061-Demonstrate the ability to use research skills including library resources such as books, periodicals, electronic databases and online resources such as the internet.

ENG 061-Demonstrate the ability to read and respond in writing beyond the literal interpretation of the text.

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**Course Content**

- a. Intimate relationships, marriages and families in the 21<sup>st</sup> century
- b. Family backgrounds and how they influence
- c. Gender: identity and roles
- d. Being single
- e. Attraction and dating
- f. Love and mate selection
- g. Qualities of a successful marriage
- h. Marital relationship over the family life cycle
- i. Work, family roles, and material resources
- j. Power, decision-making and communication
- k. Family planning and parenthood
- l. Pregnancy and childbirth
- m. Parent-child relationships
- n. Parent and extended family relationships
- o. Conflict, family crises, and crisis management
- p. The family and divorce
- q. Coming together: remarriage and step-parenting?

r. The future of the family

### Course Objectives

| Objectives   |   |
|--------------|---|
| Objective 1  | Demonstrate an understanding of major theories contributing to understanding the social institution of the family.                              |
| Objective 2  | Identify and discuss the family from a historical, cross cultural and political perspective.  |
| Objective 3  | Identify and examine gender, socialization and age within the family.   |
| Objective 4  | Identify and understand kinship and family arrangements.  |
| Objective 5  | Describe and explain families and work, socio-economic status, inequality and the impact on the family.   |
| Objective 6  | Describe and explain how public policy and social change has an impact on dimensions of the family.   |
| Objective 7  | Develop a critical awareness of the unique goals and differential values determining the quality of marital relationships.                      |
| Objective 8  | Demonstrate an understanding of the principles governing effective, problem-solving communication.  |
| Objective 9  | Identify, analyze and evaluate techniques for coping with stress.   |
| Objective 10 | Evaluate the functions of marriage and the family as a dimension of society--for example, the economic, political, educational, religious, etc. |
| Objective 11 | Analyze theories relating to human relationships.   |
| Objective 12 | Identify alternative life-styles and critically evaluate their impact upon contemporary marriages and family as well as society at large.       |
| Objective 13 | Develop an understanding of the significance of human sexuality in marital relationships.   |
| Objective 14 | Identify those personality characteristics often associated with physical, drug or psychological abuse.   |
| Objective 15 | Analyze and appreciate the magnitude of the impact of progress through the life-cycle on marriage and family relationships.                     |

### Student Learning Outcomes

| Upon satisfactory completion of this course, students will be able to: |  |
|--|--|
| Outcome 1  | Recognize and appreciate the impact of the family life cycle on the individual as well as marriage and family relationships.   |
| Outcome 2  | Identify characteristics and behaviors associated with developing and sustaining successful relationships across the family life cycle.  |
| Outcome 3  | Identify the different types of families, and recognize and respect the influence of alternative lifestyles and culture on the individual and marriage and family relationships. |
| Outcome 4  | Identify potential problems that take place in marriages and families and demonstrate attitudes and behaviors needed to adjust and cope.   |

### Methods of Instruction

| Method             | Please provide a description or examples of how each instructional method will be used in this course. |
|--------------------|--|
| Collaborative/Team |  |
| Self-exploration   |  |
| Participation      |  |
| Lecture            |  |
| Journal            |  |
| Discussion         |  |

### Methods of Evaluation

| Method                                 | Please provide a description or examples of how each evaluation method will be used in this course. | Type of Assignment |
|--|---|--------------------|
| College level or pre-collegiate essays |   |                    |
| Student participation/contribution     |   |                    |
| Mid-term and final evaluations         |   |                    |
| Tests/Quizzes/Examinations             |   |                    |

Group activity participation/observation

Presentations/student demonstration observations

Guided/unguided journals

Critiques

Written homework

### **Assignments**

#### **Other In-class Assignments**

a. Attend lectures by instructor and occasional guest speakers, including the taking of detailed notes thereon. b. Viewing of films and slide programs, including the taking of notes thereon. c. Special reports by students, in panel or singly. d. Participation in class research projects involving the collection, compilation and interpretation of data, including the composition of written or oral reports thereon. e. Examinations of various types, such as essay and multiple choice.

#### **Other Out-of-class Assignments**

a. Readings in the textbook and in recommended supplementary literature.  
b. Watch media clips posted via on-line learning platform (e.g. Canvas).

### **Grade Methods**

Letter Grade Only

### **COD GE**

C2 - Social and Behavioral Science

C5 - Personal Growth and Development

### **CSU GE**

D4 - Gender Studies

E - Lifelong Understanding and Self-Development

### **MIS Course Data**

#### **CIP Code**

42.0101 - Psychology, General.

#### **TOP Code**

200100 - Psychology, General

#### **SAM Code**

E - Non-Occupational

#### **Basic Skills Status**

Not Basic Skills

#### **Prior College Level**

Not applicable

#### **Cooperative Work Experience**

Not a Coop Course

#### **Course Classification Status**

Credit Course

#### **Approved Special Class**

Not special class

#### **Noncredit Category**

Not Applicable, Credit Course

#### **Funding Agency Category**

Not Applicable

**Program Status**

Program Applicable

**Transfer Status**

Transferable to both UC and CSU

**Allow Audit**

No

**Repeatability**

No

**Materials Fee**

No

**Additional Fees?**

No

**Approvals****Board of Trustees Approval Date**

12/15/2017

**Course Control Number**

CCC000200650

**Programs referencing this course**

Psychology AA-T Degree (<http://catalog.collegeofthedesert.eduundefined/?key=19>)

Psychology AA Degree (<http://catalog.collegeofthedesert.eduundefined/?key=21>)

Liberal Arts: Social and Behavioral Sciences AA Degree (<http://catalog.collegeofthedesert.eduundefined/?key=30>)

Alcohol and Drug Studies AS Degree (<http://catalog.collegeofthedesert.eduundefined/?key=66>)