# HS 071: STRATEGIES FOR SUCCESS/NURSING PROGRAM

**Originator**
sfry

**Justification / Rationale**
Periodic course review. Change in SLOs and content

**Effective Term**
Fall 2020

**Credit Status**
Credit - Non Degree Applicable

**Subject**
HS - Health Sciences

**Course Number**
071

**Full Course Title**
Strategies for Success/Nursing Program

**Short Title**
SUCCESS IN NURSING

**Discipline**

| Disciplines List |
| --- |
| Nursing |

**Modality**
Face-to-Face

**Catalog Description**
This course is designed to prepare students for the successful completion of any undergraduate nursing program. Students will be given an overview of nursing program requirements and expectations and they will acquire information and skills that facilitate student success once admitted into a program. Students will also explore nursing career options, which will guide the development of their educational plan.

**Schedule Description**
This course is designed to help students, who are considering a career in nursing, acquire the information and skills necessary to successfully complete a nursing program.

**Lecture Units**
2
**Lecture Semester Hours**
36

**Lab Units**
0

**In-class Hours**
36

**Out-of-class Hours**
72

**Total Course Units**
2

**Total Semester Hours**
108

**For Text greater than five years old, list rationale:**
No textbook for this course

**Class Size Maximum**
45

**Course Content**
Unit 1:  Discover Nursing
Nursing Today
Challenges future nurses face
Exploring Career Options
The Future of Nursing
How do Health care trends affect Nursing?
Educational Requirements of Healthcare Careers
Pre-requisites
Policies & Procedures
Program Expectations
Nursing Program Overview
Unit 2:  Professional Skills for the Healthcare Workforce
Communication & Problem Solving
Emotional Intelligence
Social graces
Listening skills
Effectively giving & receiving feedback
Conflict resolution
Critical thinking & sound judgment in Nursing
Compassion & Diversity
Mutual respect
Cultural Professionalism & Competency
Empathy & Caring Behaviors
Self-Reflection
Ethics & Professionalism
Integrity
The 4 A's
Ethics & Professionalism
Values Clarification
Ethics in Healthcare & HIPAA
Collaboration & Teamwork
Collaboration and interdisciplinary approach
Collaborative learning
Unit 3:  Nursing Student Development
Academic strategies for success
Textbook strategies & managing reading assignments
Note taking
Academic strategies for success
Time management
Campus resources
Personal strategies for success
Academic goals & Career Planning

Personal strategies for success
Prioritization
Managing stress
Self-esteem
Coping with crisis & failure
Developing internal & external resources

## Course Objectives

|  | Objectives |
|---|---|
| Objective 1 | Identify various aspects and careers within the nursing field. |
| Objective 2 | Discuss academic strategies for success in a nursing program. |
| Objective 3 | Demonstrate professional and social skills. |
| Objective 4 | Develop and practice basic study skills strategies that improve performance. |
| Objective 5 | Identify strategies for planning, time management, goal setting, and stress reduction. |
| Objective 6 | Evaluate characteristics in the development of professional conduct. |
| Objective 7 | Develop short and long term academic, career, and personal goals. |
| Objective 8 | Discuss personal strategies for success in a nursing program. |

## Student Learning Outcomes

|  | Upon satisfactory completion of this course, students will be able to: |
|---|---|
| Outcome 1 | Explain how various study strategies facilitate the successful completion of a nursing program. |
| Outcome 2 | Discuss healthy coping mechanisms, which can be implemented in the nursing program and upon entering a professional nursing career. |
| Outcome 3 | Demonstrate transferable (soft) skills for a successful career in the nursing field. |

## Methods of Instruction

| Method | Please provide a description or examples of how each instructional method will be used in this course. |
|---|---|
| Role Playing | Skits or demonstrations of behaviors |
| Discussion | Small and Large group discussions |
| Collaborative/Team | Group Presentations |
| Activity | Case studies |
| Journal | Self-reflection journaling |
| Self-exploration | Reflection, application of soft skills, career workshop, self-assessments, personal inventories |

## Methods of Evaluation

| Method | Please provide a description or examples of how each evaluation method will be used in this course. | Type of Assignment |
|---|---|---|
| Portfolios | Resource portfolio | In and Out of Class |
| Behavior assessment | Subjective assessment of professional behavior using behavior rubric | In and Out of Class |
| Presentations/student demonstration observations | Presentation on nursing careers | In and Out of Class |
| Group activity participation/observation | Subjective assessment of collaborative behavior using behavior rubric | In Class Only |
| Guided/unguided journals | Journal prompts for self-reflection and exploration | In and Out of Class |
| Self/peer assessment and portfolio evaluation | Self assessment tests and inventories | In and Out of Class |
| Written homework | Case studies, career research | In and Out of Class |
| Tests/Quizzes/Examinations | To demonstrate application of study skills | In Class Only |

| Student participation/contribution | Subjective assessment of participation and contribution to class topics demonstrating soft skills | In Class Only |

## Assignments

### Other In-class Assignments
1. Guest speakers
2. Presentation by students
3. Small and large group discussion
4. Role playing
5. Self-assessments/inventories
6. Journaling
7. Career guidance workshop

### Other Out-of-class Assignments
1. Journaling/self-reflection
2. Develop personal time schedule
3. Complete study skills-oriented assignments
4. Campus resources "scavenger hunt"
5. Self-assessments
6. Personality inventories
7. The above are examples of the weekly homework assigned in the course

### Grade Methods
Letter Grade Only

# MIS Course Data

### CIP Code
51.9999 - Health Professions and Related Clinical Sciences, Other.

### TOP Code
129900 - Other Health Occupations

### SAM Code
D - Possibly Occupational

### Basic Skills Status
Not Basic Skills

### Prior College Level
Not applicable

### Cooperative Work Experience
Not a Coop Course

### Course Classification Status
Credit Course

### Approved Special Class
Not special class

### Noncredit Category
Not Applicable, Credit Course

### Funding Agency Category
Not Applicable

**Program Status**

Stand-alone

**Transfer Status**

Not transferable

**Allow Audit**

No

**Repeatability**

No

**Materials Fee**

No

**Additional Fees?**

No

## Approvals

**Curriculum Committee Approval Date**

12/03/2019

**Academic Senate Approval Date**

12/12/2019

**Board of Trustees Approval Date**

1/17/2020

**Course Control Number**

CCC000455043