

Course Outline of Record

1. Course Code: HSAD-033A
2.
  - a. Long Course Title: Supervised Internship I
  - b. Short Course Title: SUPRVSD INTRNSHP I
3.
  - a. Catalog Course Description:  
 This course is a supervised fieldwork internship that actively involves students at a supervised chemical dependency service site. Students apply and integrate the values, knowledge, and skills learned in the classroom through direct, hands-on experience in the area of chemical dependency counseling. Special attention is given to individual, group, and family counseling. This is a required course for the Alcohol and Drugs Studies Certificate.
  - b. Class Schedule Course Description:  
 This course is a supervised fieldwork internship that actively involves students at a supervised chemical dependency service site.
  - c. Semester Cycle (if applicable): Fall and Spring
  - d. Name of Approved Program(s):  
    - ALCOHOL AND DRUG STUDIES
4. Total Units: 3.00      Total Semester Hrs: 146.00  
 Lecture Units: 1      Semester Lecture Hrs: 18.00  
 Lab Units: 2      Semester Lab Hrs: 128.00  
 Class Size Maximum: 20      Allow Audit: No  
 Repeatability No Repeats Allowed  
 Justification 0
5. Prerequisite or Corequisite Courses or Advisories:  
*Course with requisite(s) and/or advisory is required to complete Content Review Matrix (CCForm I-A)*  
 Prerequisite: Eight (8) HSAD core courses completed with a C or better within the past five years  
 Corequisite: HSAD 032A
6. Textbooks, Required Reading or Software: (List in APA or MLA format.)
  - a. Lawson, Ann and Gary Lawson (2004). Alcoholism and the Family: A Guide to Treatment and Prevention Gaithersburg, Maryland Aspen Publishers. ISBN: -  
 College Level: Yes  
 Flesch-Kincaid reading level: 12
  - b. Capuzzi, D. & Stauffer, M. D. (2012). Foundations of Addictions Counseling (2nd/e). Upper Saddle River Pearson. ISBN: 9780137057788  
 College Level: Yes  
 Flesch-Kincaid reading level: N/A
7. Entrance Skills: *Before entering the course students must be able:*
  - a.  
 Complete HSAD 1, HSAD 2, HSAD 4, HSAD 20, HSAD 22, HSAD 24, HSAD 30, and HSAD 34 with grades of C or better. Completion of the core courses is required before entering the internship/practicum phase of the program by the accrediting organizations California Association of Alcohol/Drug Educators (CAADE) and California Association of Alcoholism and Drug Abuse Counselors (CAADAC).
8. Course Content and Scope:

## Lecture:

1. Background of the problem
  1. Explanations of the cause of alcoholism
  2. Skills and knowledge alcoholism therapists need
  3. Treatment approaches to alcoholism
2. Etiology
  1. Viewing the family as a client
  2. Physiological, sociological, and psychological influences on the family
  3. The relevance of etiology for treatment and prevention
3. Treatment
  1. Diagnosing the alcoholic family
  2. Family treatment

Lab: (if the "Lab Hours" is greater than zero this is required)

Laboratory activities in this course include 128 hours in the clinical setting, generally a substance abuse treatment facility where the 12 core competencies are demonstrated. Under the monitoring and direction of the facility intern supervisor and practicum faculty supervisor, the student will apply previously learned curriculum.

## 9. Course Student Learning Outcomes:

1.  
Apply how previously learned curriculum apply in a work/study internship under the direction and monitoring of agency supervisors and the student's Supervised Practicum instructor.
2.  
Develop communication and relationships with clients on an individualized basis.
3.  
Define and achieve three measurable objectives for their internship assignments.

## 10. Course Objectives: *Upon completion of this course, students will be able to:*

- a. Participate in their internship assignments under the direction and monitoring of agency supervisors and their Supervised Practicum I instructor.
  - b. Define three measurable objectives for their internship assignments and determine when and how the goals might be achieved.
  - c. Develop communication and relationships with clients on an individualized basis.
- Demonstrate beginning knowledge, understanding, application, analysis, synthesis, evaluation, and competence in the following areas:**
- e. Professional identity, including self-awareness and commitment to the values and ethics of the profession.
  - f. Human behavior, group dynamics, cultural diversity, abused drugs, human sexuality, and counseling.
  - g. The dynamics of chemical and psychological dependency, including the categories of alcohol and drugs, and their affects, effects, and complications related to psychosocial and medical problems, evaluation procedures and reference material.
  - h. Treatment coordination, including continuity of care and referral and follow-up services.
  - i. Legal and administrative statutes, rules and regulations, including commitment procedures and clients' rights.
  - j. Counseling and intervention skill, including crisis intervention.
  - k. Assessment, planning, and referral skills.
  - l. Case management and recording, including written and verbal communication skills.
  - m. Screening, in-take, and orientation procedures.
  - n. Client education and professional consultation.
  - o. Structure and function of an agency.
  - p. Self-evaluation and professional growth.
  - q. Use of supervision and constructive criticism.

# HSAD 033A-Supervised Internship I

11. Methods of Instruction: (*Integration: Elements should validate parallel course outline elements*)

- a. Clinical
- b. Lecture

Other Methods:

Mentorship Interviews Job shadowing Skill demonstration

12. Assignments: (*List samples of specific activities/assignments students are expected to complete both in and outside of class.*)

In Class Hours: 146.00

Outside Class Hours: 16.00

a. Out-of-class Assignments

1. Supervised interns will rotate assignments at the agency in order to view and participate in all aspects of the agency's functions and methods.

b. In-class Assignments

- 1. Closely observe the learning experience in the Supervised Internship I agency and share these experiences constructively in class.
- 2. Investigate the problems, treatment, and influences of alcoholism through discussions, readings, activities, written exercises, and speaker presentations.

13. Methods of Evaluating Student Progress: *The student will demonstrate proficiency by:*

- Other

An agency supervisor evaluates supervised interns for each rotation. These evaluations are shared with the Practicum/Internship Supervisor. The Practicum/Internship Supervisor shares agency evaluations with supervised interns. The Practicum/Internship Supervisor and the intern discuss and make adjustments as necessary.

14. Methods of Evaluating: Additional Assesment Information:

15. Need/Purpose/Rationale -- *All courses must meet one or more CCC missions.*

PO - Career and Technical Education

Fulfill the requirements for an entry- level position in their field.

Apply critical thinking skills to execute daily duties in their area of employment.

Display the skills and aptitude necessary to pass certification exams in their field.

IO - Personal and Professional Development

Self-evaluate knowledge, skills, and abilities.

Develop realistic goals.

Display habits of intellectual exploration, personal responsibility, and physical well being.

Demonstrate an understanding of ethical issues to make sound judgments and decisions.

16. Comparable Transfer Course

University System	Campus	Course Number	Course Title	Catalog Year
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17. Special Materials and/or Equipment Required of Students:

18. Materials Fees:  Required Material?

**Material or Item**

**Cost Per Unit**

**Total Cost**

19. Provide Reasons for the Substantial Modifications or New Course:

2 year cycle review

20. a. Cross-Listed Course (*Enter Course Code*): *N/A*

b. Replacement Course (*Enter original Course Code*): *N/A*

# HSAD 033A-Supervised Internship I

21. Grading Method (*choose one*): Letter Grade Only

22. MIS Course Data Elements

- a. Course Control Number [CB00]: CCC000559860
- b. T.O.P. Code [CB03]: 210440.00 - Alcohol and Controlled Su
- c. Credit Status [CB04]: D - Credit - Degree Applicable
- d. Course Transfer Status [CB05]: B = Transfer CSU
- e. Basic Skills Status [CB08]: 2N = Not basic skills course
- f. Vocational Status [CB09]: Clearly Occupational
- g. Course Classification [CB11]: Y - Credit Course
- h. Special Class Status [CB13]: N - Not Special
- i. Course CAN Code [CB14]: N/A
- j. Course Prior to College Level [CB21]: Y = Not Applicable
- k. Course Noncredit Category [CB22]: Y - Not Applicable
- l. Funding Agency Category [CB23]: Y = Not Applicable
- m. Program Status [CB24]: 1 = Program Applicable

Name of Approved Program (*if program-applicable*): ALCOHOL AND DRUG STUDIES

*Attach listings of Degree and/or Certificate Programs showing this course as a required or a restricted elective.)*

23. Enrollment - Estimate Enrollment

First Year: 0

Third Year: 0

24. Resources - Faculty - Discipline and Other Qualifications:

- a. Sufficient Faculty Resources: Yes
- b. If No, list number of FTE needed to offer this course: N/A

25. Additional Equipment and/or Supplies Needed and Source of Funding.

N/A

26. Additional Construction or Modification of Existing Classroom Space Needed. (*Explain:*)

N/A

27. FOR NEW OR SUBSTANTIALLY MODIFIED COURSES

Library and/or Learning Resources Present in the Collection are Sufficient to Meet the Need of the Students Enrolled in the Course: Yes

28. Originator Chris Jones Origination Date 10/27/14