

NRN 140: CONCEPTS OF NURSING: GERONTOLOGY

New Course Proposal

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Originator

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Name(s)

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Justification / Rationale

Major Curriculum Revision

Effective Term

Fall 2022

Credit Status

Credit - Degree Applicable

Subject

NRN - Nursing

Course Number

140

Full Course Title

Concepts of Nursing: Gerontology

Short Title

CONCEPT NURS GERO

Discipline

Disciplines List

Nursing

Modality

Face-to-Face

Catalog Description

This course focuses on promoting, maintaining, or restoring the health of older adult clients. Previously learned nursing principles will be used as building blocks to plan care for the needs of clients. Program concepts of professionalism, evidenced-based practice, holistic client-centered care, communication, and safety are integrated throughout the course. Students must be concurrently enrolled in NRN 140C. Limitation on enrollment: Acceptance into the registered nursing program.

Schedule Description

This course focuses on promoting, maintaining, or restoring the health of older adult clients. Previously learned nursing principles will be used as building blocks to plan care for the needs of clients. Students must be concurrently enrolled in NRN 140C. Limitation on enrollment: Acceptance into the registered nursing program.

Lecture Units

1

Lecture Semester Hours

18

In-class Hours

18

Out-of-class Hours

36

Total Course Units

1

Total Semester Hours

54

Limitation on Enrollment

Acceptance into the registered nursing program

Required Text and Other Instructional Materials**Resource Type**

Book

Open Educational Resource

No

Formatting Style

APA

Author

Honan, L.

Title

Focus on Adult Health Medical-Surgical Nursing.

Edition

2nd

City

Philadelphia

Publisher

Wolters Kluwer

Year

2019

College Level

Yes

Flesch-Kincaid Level

15.99

ISBN #

978-1-4963-4928-6

Resource Type

Book

Open Educational Resource

No

Formatting Style

APA

Author

Dudek, S.G.

Title

Nutrition Essentials for Nursing Practice

Edition

9th

City

Philadelphia

Publisher

Wolters Kluwer

Year

2021

College Level

Yes

Flesch-Kincaid Level

17.8

ISBN #

978-1496356109

Class Size Maximum

30

Course Content

Nursing Role / Geriatric considerations

- ANA Gerontological Standards of Care & Federal and State Regulations (AANC Ess V)
- Mandated Reporter – abuse (mental, emotional, physical, financial) (AACN V)
- Facilitate/promote ethical non-coercive decision making (AACN Essential V & VIII & Hartford Comp#7)
- Continuum of care to include effect of payor systems on healthcare access (AACN Essential V and Essential IX & Hartford Comp #8)
- Community resources (attain personal goals, maximize function, maintain/foster independence and live in least restrictive environment) (AACN #7)
- Compare supportive living arrangements (ALF, B&C, long-term)
- Quality of care
- Lack of access to care
- Older Adult / Lifespan / Aging as global issue (AANC #1 Liberal Ed)
- student self-assessment of attitudes towards the geriatric client.
- Theories of aging

Health Maintenance & Promotion and Alterations in Health of Geriatric Client

Normal physiological aging changes

- Sensation, Vision, Hearing
- Neuro, Respiratory, GI (Nutrition/Hydration/Barrier to adequate Nut/Hyd - Hartford #5), GU (Urinary Incont Hartford #5), Musculoskeletal, Integumentary (Hartford #4)
- Use of evidence-based assessment instruments (AACN Essential III) (eg. Braden scale (Hartford #4)
- Promote quality of care, and safety & injury prevention (eg. falls, Beers Criteria, pressure injuries – AACN Essential II)
- Common risk factors that contribute to functional decline, impaired quality of life, and excess disability in older adults
- Quality end-of-life care for older adults, including pain and symptoms management.

Alterations in the health of older adults:

- Risk assessment using evidenced based assessment instruments (MMSE) (Hartford #2)
- Alzheimers vs dementia vs delirium vs cognitive impairment, depression in the aging adult eg. Geriatric Depression Scale GDS (Hartford Comp #2),
- Examine the implications of increasing death by suicide amongst the gerontological population.
- Alterations in health to include diet, medication, exercise, home management.

- Evidence based practices to assess pain and intervene for the cognitively impaired patient if pain is to be expected (Hartford Comp#3)
- Chronic illnesses characteristics
- Poor surgical outcomes
- Identify geriatric syndromes common to older adults.
- Determine characteristics of chronic illness and their impact on the gerontological client. Medications and CAMs
 - indications, actions, contraindications, side effects, adverse effects, BEERS criteria
- Nursing implications are commonly used for the gerontological client.
- Adhere to evidence-based practice by promoting restraint free care (both physical and chemical) – AACN Essential II & Hartford #6

Promoting wellness: (AACN VII)

- Self-care strategies for the geriatric client
- promote health and well-being
- enlist available community resources
- Biological, psychological, sociocultural, and sexual aspects of the normal aging process.
- Nutritional health and enhancing food intake.

Communication, Interdisciplinary Teams and Technology Assistance in Geriatric Care (Hartford #1)

- Promote individualized patient centered care – AACN IX
- Effective communication strategies with geriatric patients (SLO #3)
- Barriers to communication (AACN #9)
- Health Literacy in the geriatric client (SLO #3) (Hartford #8)
- Interdisciplinary Teams and Professionalism (AANC Ess VI & VIII)
- Interprofessional Communication (AANC VI & VIII)
- Technology Use to assist, enhance or improve geriatric patient care.
- Implement technology to enhance older adult's function, independence, and safety.
- Examine implicit bias about aging and the impact on communication strategies

Course Objectives

	Objectives
Objective 1	Identify standards of care to advocate for geriatric patients and their families.
Objective 2	Differentiate the psycho-socio-economic impact on the geriatric client and the healthcare system.
Objective 3	Discuss common attitudes and stereotypes and implicit bias about aging, theories of aging as they influence the quality and delivery of care in the geriatric population. (AACN Essential I)
Objective 4	Articulate the nursing role in the care of the geriatric client based on the physiological and psychological changes that occur during the aging process (Hartford Comp #1).
Objective 5	Differentiate geriatric health alterations while considering increased use of healthcare resources intrinsic in caring for older adults (AACN Essential IV and IX)
Objective 6	Develop self-care strategies for the geriatric client that promote health and well-being utilizing available community resources (AACN Ess VII).
Objective 7	Discuss necessary components and possible therapeutic communication or adaptive equipment needed to educate older adult clients about their care (Hartford Comp #1).
Objective 8	Explain the benefits of interdisciplinary team participation in the care of older adults (AACN Essential VI).
Objective 9	Implement technology to enhance older adults' function, independence, and safety.

Student Learning Outcomes

	Upon satisfactory completion of this course, students will be able to:
Outcome 1	Analyze ethical and legal principles, including determinants of health that arise in the care of older adults.
Outcome 2	Classify the expected and pathologic effects of the aging process in the gerontological client and the nursing role in providing safe care for the geriatric population.
Outcome 3	Examine strategies for communication for older adults in receiving, understanding and giving of information.

Methods of Instruction

Method	Please provide a description or examples of how each instructional method will be used in this course.
Lecture	Large group discussion, Power Point, concept mapping, think/pair/share
Discussion	Small and large group
Participation	Case studies, reading assignments, socratic questioning
Collaborative/Team	Small group assignments

Methods of Evaluation

Method	Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment
Tests/Quizzes/Examinations	Written quizzes and unit exams	In Class Only
Other	Case studies	In and Out of Class

Assignments
Other In-class Assignments

1. Participate in class
2. View videos and additional posted resources
3. Participate in group discussions, group work, and critical thinking exercises
4. Case Studies

Other Out-of-class Assignments

1. Complete reading assignments
2. Complete assigned computer programs
3. Complete case studies as assigned
4. Students should anticipate at least 2 hours of study time required for each hour of class in order to adequately prepare for class and to prepare for exams.

Grade Methods

Letter Grade Only

MIS Course Data
CIP Code

51.3801 Registered Nursing/Registered Nurse - 51.3801 Registered Nursing/Registered Nurse

TOP Code

123000 - Nursing

SAM Code

C - Clearly Occupational

Basic Skills Status

Not Basic Skills

Prior College Level

Not applicable

Cooperative Work Experience

Not a Coop Course

Course Classification Status

Credit Course

Approved Special Class

Not special class

Noncredit Category

Not Applicable, Credit Course

Funding Agency Category

Not Applicable

Program Status

Program Applicable

Transfer Status

Not transferable

General Education Status

Y = Not applicable

Support Course Status

N = Course is not a support course

Allow Audit

No

Repeatability

No

Materials Fee

No

Additional Fees?

No

Approvals**Curriculum Committee Approval Date**

05/03/2022

Academic Senate Approval Date

05/12/2022

Board of Trustees Approval Date

05/20/2022

Chancellor's Office Approval Date

03/27/2022

Course Control Number

CCC000630780

Programs referencing this course

Registered Nursing AS Degree (<http://catalog.collegeofthedesert.eduundefined/?key=72>)