NRN 240: HEALTH & WELLNESS IN GROWING FAMILIES

Originator
mcamargo

Co-Contributor(s)

Name(s)
Hetherington, Amy

Justification / Rationale
Major Course Revision. Editing based on accrediting agency feedback

Effective Term
Fall 2023

Credit Status
Credit - Degree Applicable

Subject
NRN - Nursing

Course Number
240

Full Course Title
Health & Wellness in Growing Families

Short Title
HLTH WELLNSS GRW FAM

Discipline

Disciplines List
Nursing

Modality
Face-to-Face

Catalog Description
This course focuses on promotion, maintaining, and restoring health of growing families. Emphasis is on the woman during the antepartum, intrapartum, postpartum phases of pregnancy, as well as newborn nursing care. Program concepts of professionalism, evidenced-based practice, holistic patient-centered care, communication, and safety are integrated throughout this course. Students must be concurrently enrolled in NRN 240C. Limitation on enrollment: Acceptance into the registered nursing program.

Schedule Description
This course focuses on promotion, maintaining, and restoring health of growing families. Emphasis is on the woman during the antepartum, intrapartum, postpartum phases of pregnancy, as well as newborn nursing care. Students must be concurrently enrolled in NRN240C. Limitation on enrollment: Acceptance into the registered nursing program.

Lecture Units
1
Lecture Semester Hours
18

In-class Hours
18

Out-of-class Hours
36

Total Course Units
1
Total Semester Hours
54

Limitation on Enrollment
Acceptance into the registered nursing program

Required Text and Other Instructional Materials
Resource Type
Web/Other
Open Educational Resource
No

Year
2021

Description
Lippincott- Ricci Course Point Enhanced Maternity and Pediatric Nursing-4th ed

Resource Type
Book
Open Educational Resource
No

Formatting Style
APA

Author
Dudek, S.G.

Title
Nutrition Essentials for Nursing Practice

Edition
9th

City
Philadelphia

Publisher
Wolters Kluwer

Year
2021

College Level
Yes

Flesch-Kincaid Level
17.8

ISBN #
978-1496356109

Resource Type
Book

Open Educational Resource
Yes

Formatting Style
APA

Author
Chippewa Valley Technical College

Title
Nursing Pharmacology

Publisher
XanEdu

Year
202

College Level
Yes

ISBN #
978-1-73491-411-5

Resource Type
Web/Other

Open Educational Resource
No

Year
2020

Description
Lippincott's Course Point + Enhanced for Med/Surg w/NextGen VSims, Honan 2nd edition.

Class Size Maximum
30

Course Content
Fertility
Peripartum
Antepartum
Maternal alterations
Intra Partum
Post Partum
Fetus and neonate
Fluid and electrolytes OB (hyperemesis)
Gestational complications (HTN, DM, preeclampsia)

Course Objectives

	Objectives
Objective 1	Develop basic, evidence-based plans of care for the childbearing family and newborns.

Objective 2	Classify common pharmacological agents used in the care of the childbearing family and newborns
Objective 3	Explain ethical, legal, and professional standards relating to the childbearing family and newborns.
Objective 4	Identify community resources to refer childbearing families and newborns for health needs.
Objective 5	Identify SDoH and cultural variations that can affect the care of childbearing families and newborns.
Objective 6	Analyze interventions that address the values and beliefs of childbearing families and newborns.
Objective 7	Utilize communication skills that promote caring, therapeutic relationships with childbearing families.
Objective 8	Educate childbearing families of complications related to the childbearing family and newborn.
Objective 9	Analyze technology's impact on communication with client and interdisciplinary team.

Student Learning Outcomes

	Upon satisfactory completion of this course, students will be able to:
Outcome 1	Determine the nursing role and plan of care required to maximize optimal wellness for the newborn and childbearing women during antepartum, intrapartum, and post-partum.
Outcome 2	Explore how the birthing families' values, beliefs, and culture may impact all phases of pregnancy.
Outcome 3	Distinguish strategies to communicate effectively with women and families and other providers to fit the learning level and needs for each parent, child, caregiver.

Methods of Instruction

Method	Please provide a description or examples of how each instructional method will be used in this course.
Lecture	Large group discussion, Power Point, concept mapping, socratic questioning
Participation	Small and large group discussion, case studies, group projects, community project.
Collaborative/Team	Think/pair/share
Discussion	Small and large group

Methods of Evaluation

Method	Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment
Tests/Quizzes/Examinations	Written exams (multiple choice, SATA, Hot Spot, etc.), final exam	In Class Only
Group activity participation/observation	Case studies, large and small group discussions, case studies, group projects, community project	In Class Only

Assignments

Other In-class Assignments

1. Participate in class
2. View videos and additional posted resources
3. Participate in group discussions, group work, and critical thinking exercises

Other Out-of-class Assignments

Complete reading assignments.

Complete written assignments such as case studies and clinical studies.

Completion of assigned computer programs.

Students are expected to spend at least 2 hours for every 1 hour of class for class preparation and studying for test preparation

Grade Methods

Letter Grade Only

MIS Course Data

CIP Code
51.3801 - Registered Nursing/Registered Nurse.

TOP Code
123010 - Registered Nursing

SAM Code
C - Clearly Occupational

Basic Skills Status
Not Basic Skills

Prior College Level
Not applicable

Cooperative Work Experience
Not a Coop Course

Course Classification Status
Credit Course

Approved Special Class
Not special class

Noncredit Category
Not Applicable, Credit Course

Funding Agency Category
Not Applicable

Program Status
Program Applicable

Transfer Status
Not transferable

General Education Status
Y = Not applicable

Support Course Status
N = Course is not a support course

Allow Audit
No

Repeatability
No

Materials Fee
No

Additional Fees?
No

Approvals

Curriculum Committee Approval Date
10/20/2022

Academic Senate Approval Date
10/27/2022

Board of Trustees Approval Date
12/16/2022

Chancellor's Office Approval Date
12/22/2022

Course Control Number
CCC000635141

Programs referencing this course
Registered Nursing AS Degree (http://catalog.collegeofthedesert.eduundefined/?key=72)