

DANC 076B: DANCE, BALLET

New Course Proposal

Changes saved but not submitted

Originator

jmagbuhat

Credit Status

Credit - Degree Applicable

Subject

DANC - Dance

Course Number

076B

Full Course Title

Dance, Ballet

Short Title

DANCE, BALLET

Discipline**Disciplines List**

Dance

Modality

Face-to-Face

Catalog Description

This course builds upon basic ballet technique and terminology, expanding skills in ballet movement vocabulary, proprioception and other ballet fundamentals.

Schedule Description

This course provides continued instruction in beginning ballet.

Prerequisite: DANC 076A

Lecture Units

1

Lecture Semester Hours

18

Lab Units

1

Lab Semester Hours

54

In-class Hours

72

Out-of-class Hours

36

Total Course Units

2

Total Semester Hours

108

Prerequisite Course(s)

DANC 076A

Required Text and Other Instructional Materials**Resource Type**

Book

Open Educational Resource

Yes

Author

Sandra Noll Hammond

Title

Ballet: Beyond The Basics

Publisher

Waveland Press Inc

Year

2011

College Level

Yes

ISBN #

978-1-57766-718-6

For Text greater than five years old, list rationale:

As ballet is an older established art form with few changes in technique and traditions, the text book has maintained relevance. MSJC also uses this text book.

Class Size Maximum

25

Entrance Skills

Identify and execute basic ballet steps and terminology: examples include plié- demi and grand- port de bras- devant and derrière, relevé/elevé, piqué, tendu, glissé, degagé, passé, développé, fondu, rond de jambe à terre, battement, chasé, temps lié, glissade, jété, assemblé, sissonne, soubresaut, changement, echappé, sousus, pas de bourée, chaîné, balancé, waltz, arabesque, attitude and directions of the body - croisé, effacé, ecarté and en face.

Prerequisite Course Objectives

DANC 076A-Recognize and utilize ballet terminology.

DANC 076A-Identify and demonstrate steps of basic ballet movement vocabulary.

Entrance Skills

Application of basic ballet technique and principles such as turn out, alignment and placement.

Prerequisite Course Objectives

DANC 076A-Demonstrate proper body positioning and placement.

Course Content

Continued instruction in beginning ballet technique, terminology and fundamentals:

1. Proper body alignment
2. Body placement
3. Enhanced positions of arms and feet
4. Discernment and application of movement pattern(s) such as reversing and extrapolations of patterns and combinations

5. Barre technique and development
6. Center technique and movement exploration
7. Across the floor movement exploration and technique
8. More complex, ballet movement vocabulary and terminology: includes introduction of grand rond de jambe, fouetté, penchée arabesque, frappé, battu, sur le cou de pied, dessus and dessous, demi contretemps, multiple turns- en d'hors, en de dans, waltz turn, developpéen de dans, arabesque and attitude- promenade, ballonné, ballotté, cabriole, pas de basque, coupé jété, embôité, directions of the body -epaulé, ecarté, effacé, croisé and en face- more developed petit and grand allegro and adage
9. Classical line with more integrated head and body movement and more developed port de bras

Lab Content

1. Execute and practice newly introduced ballet techniques and terminology.
2. Explore new patterns and combinations.
3. Work in groups to develop creativity and choreography.
4. View video examples of classical ballet steps and choreography.

Course Objectives

Objectives	
Objective 1	Identify and demonstrate new steps within selected ballet vocabulary.
Objective 2	Demonstrate a strengthened awareness of one's center with improved body alignment and placement for enhanced grace, fluidity and balance.
Objective 3	Apply more complex movement patterns.
Objective 4	Create new patterns and combinations using steps from ballet movement vocabulary.
Objective 5	Improve integration of classical line, musicality and proper technique for more visual aesthetics and artistry.

Student Learning Outcomes

Upon satisfactory completion of this course, students will be able to:	
Outcome 1	Demonstrate and identify principles and techniques of classical ballet.
Outcome 2	Create, execute and apply ballet movement vocabulary and patterns in a class performance.

Methods of Instruction

Method	Please provide a description or examples of how each instructional method will be used in this course.
Activity	Students work individually and in groups to practice instructor demonstrated and student created movement phrases.
Participation	Students participate in group and individual activities that include barre, center and across the floor ballet movement vocabulary while applying proper principles and techniques to the movement. Students also participate in discussion of these activities.
Observation	Instructor observes students' progress in individual and groups' activities. Students observe instructor demonstrations and peers, individually and as groups, during barre, center, across the floor and conditioning activities. Students view video presentations.
Lecture	Instructor offers relevant information before, during and after the student activities for instruction to emphasize principles of good technique and how to attain or apply those principles. General lecture on relevant history of ballet and contributions of significant choreographers.
Demonstration, Repetition/Practice	Instructor demonstrates movement, students model, recreate and refine the movement by practicing through repetition and conditioning the body.

Methods of Evaluation

Method	Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment
Presentations/student demonstration observations	Students create, choreograph and perform a dance in the classical style for a final project. Preparation out of class with performance in class	In and Out of Class

Written homework	Students will view a classical ballet and write a reflection on the content. Students will write a paper on a relevant topic such as the differences between classical and contemporary ballet. Students will write a self reflection of the process of creating and performing their projects. Homework done out of class with discussion of material in class.	In and Out of Class
Student participation/contribution	Students participate in every class in barre, center and across the floor activities; instructor assesses progress. Students will work with other students, in groups and individually, during classroom activities and homework assignments/ projects with a written reflection of these activities.	In and Out of Class
Group activity participation/observation	In groups, students create and perform combinations and movement patterns. Students observe other groups for commentary and analysis: propose a hypothetical grade and rubric for the activity.	In Class Only
Mid-term and final evaluations	Students have a final exam that includes essay questions, true /false and multiple choice. Students will execute a movement phrase from the French ballet terminology.	In Class Only

Assignments

Other In-class Assignments

1. Practice and execute techniques for barre and center exercises for refinement of movement.
2. Combine ballet steps to create new patterns.
3. Condition the body for improved strength, body positioning and execution of steps.
4. Work in groups to enhance learning and creativity for a given task (ex: create 16 count petit allegro).
5. Work with peers or individually on final project.

Other Out-of-class Assignments

1. Practice techniques for barre and center exercises.
2. Practice combining ballet steps to create new patterns.
3. Written assignments exploring ballet technique, history, theories and relevant topics such as the differences between classical and contemporary ballet.
4. Written reflection on a viewed classical ballet.
5. Continue to daily condition the body for improvement and application of ballet principles and techniques.
6. Choreograph a short classical ballet dance for final project with a written self reflection on the process of creating and performing the project.

Grade Methods

Letter Grade Only

MIS Course Data

CIP Code

50.0302 - Ballet.

TOP Code

100800 - Dance

SAM Code

E - Non-Occupational

Basic Skills Status

Not Basic Skills

Prior College Level

Not applicable

Cooperative Work Experience

Not a Coop Course

Course Classification Status

Credit Course

Approved Special Class

Not special class

Noncredit Category

Not Applicable, Credit Course

Funding Agency Category

Not Applicable

Program Status

Stand-alone

Transfer Status

Transferable to both UC and CSU

Allow Audit

Yes

Repeatability

No

Materials Fee

No

Additional Fees?

No

Approvals**Curriculum Committee Approval Date**

11/9/2018

Academic Senate Approval Date

11/29/2018

Board of Trustees Approval Date

12/14/2018

Chancellor's Office Approval Date

1/07/2019

Course Control Number

CCC000599879