

Course Outline of Record

1. Course Code: KINE-045
2.
  - a. Long Course Title: Basketball
  - b. Short Course Title: BASKETBALL
3.
  - a. Catalog Course Description:  
This course provides beginning, intermediate, and advanced instruction and practice in skills, offensive and defensive strategies, and officiating of basketball.
  - b. Class Schedule Course Description:  
Basketball activity class.
  - c. Semester Cycle (if applicable): *N/A*
  - d. Name of Approved Program(s):
    - KINESIOLOGY
4. Total Units: 1.00      Total Semester Hrs: 36.00  
 Lecture Units: 0.5      Semester Lecture Hrs: 9.00  
 Lab Units: 0.5      Semester Lab Hrs: 27.00  
 Class Size Maximum: 40      Allow Audit: No  
 Repeatability No Repeats Allowed  
 Justification 0
5. Prerequisite or Corequisite Courses or Advisories:  
*Course with requisite(s) and/or advisory is required to complete Content Review Matrix (CCForm I-A)*  
*N/A*
6. Textbooks, Required Reading or Software: (List in APA or MLA format.) *N/A*
7. Entrance Skills: *Before entering the course students must be able:*
  - a. be eligible to take college credit courses.

8. Course Content and Scope:

Lecture:

1. History
2. Rules
3. Strategy
4. Decorum
5. Safety?

Lab: (if the "Lab Hours" is greater than zero this is required)

- a. Fundamental Skills and Drills
  - i. screening and movement
  - ii. big man
  - iii. shooting
  - iv. defense
  - v. fast break
  - vi. passing
  - vii. rebounding
  - viii. dribbling
- b. Man to Man Offenses
  - i. flex offense
  - ii. triangle power offense

- iii. 1-4 offense
- iv. shuffle offense
- v. motion offense
- vi. 1-3-1 offense
- vii. 2-3 offense
- viii. triangle delay offense
- ix. tempo-control offense

c. Zone Attacks

- i. 1-4 baseline
- ii. 2-1-2 vs. 1-3-1, 3-2
- iii. offense vs. 1/2 court trap
- iv. power offense
- v. 2-3 all purpose offense
- vi. shooter zone offense
- vii. offense vs. box and 1, triangle and 2
- viii. zone drills

d. Special Situations Plays

- i. attacking the box and 1, triangle and 2
- ii. screening zones
- iii. full court last second plays
- iv. isolating super guard
- v. big man special plays
- vi. tempo-control plays
- vii. sideline special plays
- viii. back door plays
- ix. offense vs. 1/2 3/4 court press
- x. under the basket plays

e. Man to Man Defense

- i. teaching team defense
- ii. defensive techniques
- iii. pressure defense
- iv. defending the big man
- v. defending the guard
- vi. special situation defense
- vii. transition defense

9. Course Student Learning Outcomes:

1. Demonstrate the fundamental techniques of basketball skills.
2. Develop physical fitness with an understanding of injury prevention.
3. Identify the rules of basketball.

10. Course Objectives: *Upon completion of this course, students will be able to:*

- a. Recognize and demonstrate correct mechanical techniques of basic basketball skills.
- b. Identify and properly apply the rules and offensive and defensive strategies of the sport.
- c. Develop an appreciation of the sport.
- d. Demonstrate an understanding of safety and injury prevention.
- e. Demonstrate character and sportsmanship.
- f. Demonstrate a higher physical fitness level.

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11. Methods of Instruction: *(Integration: Elements should validate parallel course outline elements)*

- a. Activity
- b. Discussion
- c. Individualized Study
- d. Laboratory
- e. Lecture
- f. Role Playing
- g. Self-exploration

Other Methods:

a. Guest speakers. b. Student reports. c. Audio/visual presentations.

12. Assignments: *(List samples of specific activities/assignments students are expected to complete both in and outside of class.)*

In Class Hours: 36.00

Outside Class Hours: 18.00

a. In-class Assignments

a. Skill practice.  
B. Analysis of intercollegiate and professional competition (live and video).

b. Out-of-class Assignments

a. Assigned reading and written report.  
b. Skill practice.  
c. Analysis of intercollegiate and professional competition (live and video).

13. Methods of Evaluating Student Progress: *The student will demonstrate proficiency by:*

- Written homework
- Critiques
- Self-paced testing
- Laboratory projects
- Field/physical activity observations
- Group activity participation/observation
- Self/peer assessment and portfolio evaluation
- True/false/multiple choice examinations
- Student participation/contribution

14. Methods of Evaluating: Additional Assesment Information:

15. Need/Purpose/Rationale -- *All courses must meet one or more CCC missions.*

PO-GE C5 – Personal Growth and Development

Exhibit habits of intellectual exploration, personal responsibility, and well being.

IO - Personal and Professional Development

Demonstrate an understanding of ethical issues to make sound judgments and decisions.

16. Comparable Transfer Course

<b>University System</b>	<b>Campus</b>	<b>Course Number</b>	<b>Course Title</b>	<b>Catalog Year</b>
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17. Special Materials and/or Equipment Required of Students:

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18. Materials Fees:  Required Material?

<b>Material or Item</b>	<b>Cost Per Unit</b>	<b>Total Cost</b>
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19. Provide Reasons for the Substantial Modifications or New Course:

periodic review

20. a. Cross-Listed Course (Enter Course Code): N/A  
b. Replacement Course (Enter original Course Code): N/A

21. Grading Method (choose one): Letter Grade Only

22. MIS Course Data Elements

- a. Course Control Number [CB00]: CCC000238897  
b. T.O.P. Code [CB03]: 83500.00 - Physical Education  
c. Credit Status [CB04]: D - Credit - Degree Applicable  
d. Course Transfer Status [CB05]: A = Transfer to UC, CSU  
e. Basic Skills Status [CB08]: 2N = Not basic skills course  
f. Vocational Status [CB09]: Not Occupational  
g. Course Classification [CB11]: Y - Credit Course  
h. Special Class Status [CB13]: N - Not Special  
i. Course CAN Code [CB14]: N/A  
j. Course Prior to College Level [CB21]: Y = Not Applicable  
k. Course Noncredit Category [CB22]: Y - Not Applicable  
l. Funding Agency Category [CB23]: Y = Not Applicable  
m. Program Status [CB24]: 1 = Program Applicable

Name of Approved Program (if program-applicable): KINESIOLOGY

Attach listings of Degree and/or Certificate Programs showing this course as a required or a restricted elective.)

23. Enrollment - Estimate Enrollment

First Year: 0

Third Year: 0

24. Resources - Faculty - Discipline and Other Qualifications:

- a. Sufficient Faculty Resources: Yes  
b. If No, list number of FTE needed to offer this course: N/A

25. Additional Equipment and/or Supplies Needed and Source of Funding.

N/A

26. Additional Construction or Modification of Existing Classroom Space Needed. (Explain:)

N/A

27. FOR NEW OR SUBSTANTIALLY MODIFIED COURSES

Library and/or Learning Resources Present in the Collection are Sufficient to Meet the Need of the Students Enrolled in the Course: Yes

28. Originator Wendy Ansley Origination Date 10/08/14