

Course Outline of Record

1. Course Code: KINE-079
2.
 - a. Long Course Title: Soccer
 - b. Short Course Title: SOCCER
3.
 - a. Catalog Course Description:
This course provides beginning, intermediate, and advanced instruction and practice in the skills and strategies of soccer.
 - b. Class Schedule Course Description:
This course provides soccer instruction and play.
 - c. Semester Cycle (if applicable): Spring semester
 - d. Name of Approved Program(s):
 - KINESIOLOGY
4. Total Units: 1.00 Total Semester Hrs: 36.00
 Lecture Units: 0.5 Semester Lecture Hrs: 9.00
 Lab Units: 0.5 Semester Lab Hrs: 27.00
 Class Size Maximum: 40 Allow Audit: No
 Repeatability No Repeats Allowed
 Justification 0
5. Prerequisite or Corequisite Courses or Advisories:
Course with requisite(s) and/or advisory is required to complete Content Review Matrix (CCForm I-A)
N/A
6. Textbooks, Required Reading or Software: (List in APA or MLA format.) *N/A*
7. Entrance Skills: *Before entering the course students must be able:*
a. Be eligible to take college level credit courses.

8. Course Content and Scope:

Lecture:

1. History of sport
2. Safety considerations
3. Rules of the game
4. Strategic offensive and defensive strategies?
5. Cardiorespiratory design
6. Agility exercises
7. Strength training principles for soccer players

Lab: (if the "Lab Hours" is greater than zero this is required)

- a. Field Layout & Rules
- b. Equipment
- c. Kicking & Passing
- d. Trapping
- e. Dribbling

- f. Heading
- g. Ball Control
- h. Shooting
- i. Tackling & Changing
- j. Special Skills
- k. Skill Drills
- l. Strategy
- m. Officiating

9. Course Student Learning Outcomes:

1. Demonstrate improvement in the fundamental skills of soccer and touch football.
2. Cite and apply the rules for both sports.
3. Identify and apply the rules for soccer and touch football.

4. Develop physical fitness.

10. Course Objectives: *Upon completion of this course, students will be able to:*

- a. Recognize and demonstrate correct mechanical techniques for the performance of soccer and touch football basic skills.
- b. Identify and apply properly the rules and strategies of both sports.
- c. Develop an appreciation for each sport.
- d. Demonstrate an understanding of safety and injury prevention.
- e. Demonstrate character and sportsmanship.
- f. Demonstrate an improved physical fitness level.

11. Methods of Instruction: *(Integration: Elements should validate parallel course outline elements)*

- a. Demonstration, Repetition/Practice
- b. Discussion
- c. Individualized Study
- d. Lecture
- e. Observation
- f. Participation
- g. Self-exploration

Other Methods:

Guest speakers. Student reports. Audio/visual presentations.

12. Assignments: *(List samples of specific activities/assignments students are expected to complete both in and outside of class.)*

In Class Hours: 36.00

Outside Class Hours: 18.00

a. Out-of-class Assignments

1. Reading assignments with written report.
2. Skill practice.
3. Viewing and analysis of videos and contests

b. In-class Assignments

- 1. Skill practice.
- 2. Viewing and analysis of videos and contests
- 3. Goal sheets and fitness testing

13. Methods of Evaluating Student Progress: *The student will demonstrate proficiency by:*

- College level or pre-collegiate essays
Successful completion of content-related essay
- Written homework
- Portfolios
- Laboratory projects
- Field/physical activity observations
- Presentations/student demonstration observations
Demonstrating basic soccer ball-handling techniques
- Self/peer assessment and portfolio evaluation
- True/false/multiple choice examinations
Successful completion of multiple choice exam on rules, strategy and safety
- Student preparation

14. Methods of Evaluating: Additional Assesment Information:

15. Need/Purpose/Rationale -- *All courses must meet one or more CCC missions.*

PO-GE C5 – Personal Growth and Development

Exhibit habits of intellectual exploration, personal responsibility, and well being.

IO - Personal and Professional Development

Demonstrate an understanding of ethical issues to make sound judgments and decisions.

16. Comparable Transfer Course

University System	Campus	Course Number	Course Title	Catalog Year
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17. Special Materials and/or Equipment Required of Students:

18. Materials Fees: Required Material?

Material or Item	Cost Per Unit	Total Cost
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19. Provide Reasons for the Substantial Modifications or New Course:

periodic review and course modification

20. a. Cross-Listed Course (*Enter Course Code*): *N/A*
 b. Replacement Course (*Enter original Course Code*): *N/A*

21. Grading Method (*choose one*): Letter Grade Only

22. MIS Course Data Elements

- a. Course Control Number [CB00]: CCC000242828
- b. T.O.P. Code [CB03]: 83500.00 - Physical Education
- c. Credit Status [CB04]: D - Credit - Degree Applicable
- d. Course Transfer Status [CB05]: A = Transfer to UC, CSU
- e. Basic Skills Status [CB08]: 2N = Not basic skills course
- f. Vocational Status [CB09]: Not Occupational
- g. Course Classification [CB11]: Y - Credit Course

- h. Special Class Status [CB13]: N - Not Special
- i. Course CAN Code [CB14]: N/A
- j. Course Prior to College Level [CB21]: Y = Not Applicable
- k. Course Noncredit Category [CB22]: Y - Not Applicable
- l. Funding Agency Category [CB23]: Y = Not Applicable
- m. Program Status [CB24]: 1 = Program Applicable

Name of Approved Program (if program-applicable): KINESIOLOGY

Attach listings of Degree and/or Certificate Programs showing this course as a required or a restricted elective.)

23. Enrollment - Estimate Enrollment

First Year: 0

Third Year: 0

24. Resources - Faculty - Discipline and Other Qualifications:

a. Sufficient Faculty Resources: Yes

b. If No, list number of FTE needed to offer this course: N/A

25. Additional Equipment and/or Supplies Needed and Source of Funding.

N/A

26. Additional Construction or Modification of Existing Classroom Space Needed. (Explain:)

N/A

27. FOR NEW OR SUBSTANTIALLY MODIFIED COURSES

Library and/or Learning Resources Present in the Collection are Sufficient to Meet the Need of the Students Enrolled in the Course: Yes

28. Originator Wendy Ansley Origination Date 10/13/14