

KINE 304: LIFEGUARD TRAINING II

Originator

wansley

Justification / Rationale

Code alignment project recommendation: change SAM code.

Effective Term

Spring 2020

Credit Status

Noncredit

Subject

KINE - Kinesiology

Course Number

304

Full Course Title

Lifeguard Training II

Short Title

LIFEGUARD/TITLE 22

Discipline**Disciplines List**

Vocational (short-term): Noncredit

Modality

Face-to-Face

Catalog Description

This course teaches the skills and knowledge of Advanced First Aid for Lifeguard, while meeting the first aid requirements of Title 22 of the California Code of Regulations. Upon successful completion of this course students will be eligible to take an exam applicable to a Title 22 Certification valid for 3 years. The course content is in alignment with the American Red Cross. This is the second course of a two course certificate to provide valuable lifeguard training and skills for job opportunities. The American Red Cross certificate fees are required of each student that successfully completes this course for certification.

Schedule Description

This course teaches the skills and knowledge of Advanced First Aid for Lifeguard, while meeting the first aid requirements of Title 22 of the California Code of Regulations. Upon successful completion of this course students will be eligible to take an exam applicable to a Title 22 Certification valid for 3 years. The course content is in alignment with the American Red Cross. This is the second course of a two course certificate to provide valuable lifeguard training and skills for job opportunities. Students receive a Pass/No Pass grade mark. Prerequisite: KINE 303

Lecture Units

0

Lecture Semester Hours

10

Lab Units

0

In-class Hours

10

Out-of-class Hours

20

Total Course Units

0

Total Semester Hours

30

Prerequisite Course(s)

KINE 303

Required Text and Other Instructional Materials**Resource Type**

Manual

Author

American Red Cross

Title

Lifeguarding Manual

Publisher

Krames Stay Well Strategic Partnerships Division, ISBN: 978-158480487.

Year

2012-01-01

Class Size Maximum

35

Course Content

1. The Roles and Responsibilities of an Emergency Medical Responder to an Aquatic Emergency
2. Scene Size-Up
3. Primary Assessment
4. History Taking/Second Assessment
5. CPR Aquatic Scenario
6. Aquatic Medical Emergencies
7. Identifying Aquatic Victims of Poisoning
8. Identifying Aquatic Emergencies of Substance Misuse and Abuse
9. Aquatic Environmental Emergencies
10. Shock
11. Bleeding and Trauma
12. Aquatic Skill Application of external bleeding
12. Soft Tissue Injuries
13. Injuries to the Chest and Abdomen
14. Injuries to Muscles, Bones and Joints
15. Injuries to the Head, Neck and Spine
16. Skill Application of rigid splint, sling and binder, anatomic splint and soft splint of Aquatic Emergencies
17. Skill Application of manual stabilization, open head wound, impaled object in eye
18. Childbirth Emergencies and Protocol in Aquatic settings

Course Objectives

	Objectives
Objective 1	Identify the roles and responsibilities of the Emergency Medical Responder near an aquatic facility.
Objective 2	Understand body systems and how they interrelate.
Objective 3	Describe how and when to move a victim near an aquatic facility, and in both shallow and deep water.
Objective 4	Explain and demonstrate victim assessment, including scene size up, initial assessment, physical exam, sample history and ongoing assessment.
Objective 5	Recognize severe bleeding and demonstrate how to control it in an aquatic emergency.
Objective 6	Recognize the signs and symptoms of shock and describe how to minimize its effects.

Objective 7 Recognize the signs and symptoms of various soft tissue and musculoskeletal injuries, and demonstrate how to care for them.

Objective 8 Recognize the signs and symptoms of medical and behavioral aquatic emergencies and childbirth, and describe general and specific care.

Student Learning Outcomes

Upon satisfactory completion of this course, students will be able to:

Outcome 1 Identify the functions of the Emergency Medical Service system and the responsibilities and roles in the EMS chain of survival.

Outcome 2 Apply skills and techniques for taking care of various soft tissue and musculoskeletal injuries.

Outcome 3 Demonstrate how to control severe bleeding.

Outcome 4 Comprehend the signs and symptoms of medical and behavioral emergencies and childbirth.

Outcome 5 Apply general care for medical and behavioral emergencies and childbirth.

Outcome 6 Explain and demonstrate victim assessment, initial assessment, and ongoing assessment.

Methods of Instruction

Method Please provide a description or examples of how each instructional method will be used in this course.

Demonstration, Repetition/Practice

Collaborative/Team

Activity

Technology-based instruction

Self-exploration

Role Playing

Participation

Observation

Lecture

Individualized Study

Discussion

Methods of Evaluation

Method Please provide a description or examples of how each evaluation method will be used in this course. **Type of Assignment**

College level or pre-collegiate essays

Oral and practical examination

Self-paced testing, Student preparation

Student participation/contribution

Tests/Quizzes/Examinations

Self/peer assessment and portfolio evaluation

Product/project development evaluation

Group activity participation/observation

Presentations/student demonstration observations

Computational/problem-solving evaluations

Field/physical activity observations

Self-paced testing, Student preparation

Portfolios

Critiques

Written homework

Assignments

Other In-class Assignments

1. Practice of primary assessment on responsive patient, unresponsive patient, physical exam and vital signs in aquatic settings.
2. Application and skill practice of CPR scenario in aquatic emergencies.
3. Application and skill practice of controlling external bleeding in aquatic settings.
4. Application and skill practice of rigid splint, sling and binder, anatomic splint, soft splint in aquatic emergencies.
5. Application and skill practice of manual stabilization, open head wound, impaled object in eye.
6. Discussion and small group work in various first aid case scenarios such as childbirth, substance misuse and abuse, and poisoning in aquatic settings.

Other Out-of-class Assignments

1. Reading and research
2. Skill and technique practice

Grade Methods

Pass/No Pass Only

MIS Course Data**CIP Code**

31.9999 - Parks, Recreation, Leisure, and Fitness Studies, Other.

TOP Code

083570 - Aquatics and Lifesaving

SAM Code

B - Advanced Occupational

Basic Skills Status

Not Basic Skills

Prior College Level

Not applicable

Cooperative Work Experience

Not a Coop Course

Course Classification Status

Workforce Prep Enhanced Funding

Approved Special Class

Not special class

Noncredit Category

Workforce Preparation

Funding Agency Category

Not Applicable

Program Status

Program Applicable

Transfer Status

Not transferable

Allow Audit

No

Repeatability

Yes

Repeatability Limit

NC

Repeat Type

Noncredit

Justification

Refresh skills and knowledge of Advanced First Aid for Lifeguard

Materials Fee

No

Additional Fees?

No

Approvals**Curriculum Committee Approval Date**

03/21/2019

Academic Senate Approval Date

03/28/2019

Board of Trustees Approval Date

05/17/2019

Course Control Number

CCC000580068

Programs referencing this courseLifeguard Training Certificate of Completion (<http://catalog.collegeofthedesert.eduundefined?key=183/>)