

NRN 230: PEDIATRIC HEALTH AND WELLNESS

Originator

ahetherington

Co-Contributor(s)**Name(s)**

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Justification / Rationale

Major curriculum revision. Editing based on accrediting agency feedback.

Effective Term

Fall 2023

Credit Status

Credit - Degree Applicable

Subject

NRN - Nursing

Course Number

230

Full Course Title

Pediatric Health and Wellness

Short Title

PEDIATRIC NURSING

Discipline**Disciplines List**

Nursing

Modality

Face-to-Face

Catalog Description

This course focuses on promoting, maintaining, and restoring health of the growing child. Emphasis is on the pediatric client whose optimum level of wellness is altered by common conditions. Program concepts of professionalism, evidenced-based practice, holistic patient-centered care, communication, and safety are integrated throughout this course. Students must be concurrently enrolled in NRN 230C. Limitation on enrollment: Acceptance into the registered nursing program.

Schedule Description

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Lecture Units

1

Lecture Semester Hours

18

In-class Hours

18

Out-of-class Hours

36

Total Course Units

1

Total Semester Hours

54

Limitation on Enrollment

Acceptance into the registered nursing program

Required Text and Other Instructional Materials**Resource Type**

Web/Other

Open Educational Resource

No

Year

2021

Description

Ricci-Maternity and Pediatrics Course Point Enhanced-4th edition

Resource Type

Web/Other

Open Educational Resource

No

Year

2020

Description

Lynn-Skills for Nursing Education-1st edition

Resource Type

Book

Open Educational Resource

Yes

Formatting Style

APA

Author

Chippewa Valley Technical College

Title

Nursing Pharmacology

Publisher

XanEdu

Year

2020

College Level

Yes

ISBN #

978-1-73491-411-5

Class Size Maximum

30

Requisite Course Objectives

NRN 230C-Maintain previously learned skills of professionalism, evidence-based practice, holistic client-centered care, communication, and safety.

NRN 230C-Applies the nursing process to the care of children.

Course Content

Growth and development Neonate to Adolescence

Alterations in health in newborn and children (cardiac, resp, neuro, GI, GU, muscular skeletal, integumentary, endocrine)

Community health for children

Legal issues in children

physical assessment & pain management

Safety, Development

F&E children

Atraumatic nursing care

Course Objectives

	Objectives
Objective 1	Advocate ethical, legal, and professional standards in care management of children.
Objective 2	Describe nursing principles used in the promotion, maintenance, and restoration of safety for the child with consideration of SDoH
Objective 3	Develop evidence-based plans of care for the child and family utilizing local and global initiatives.
Objective 4	Describe individualized, evidence-based care that incorporates the diverse backgrounds and developmental variations of children and families.
Objective 5	Develop referral community resources for the promotion, maintenance, and restoration of health in the child.
Objective 6	Describe nursing principles used in the promotion, maintenance, and restoration of safety for the child.
Objective 7	Explain the nutritional needs and assessment of nutritional status in the child for healthy growth and development.
Objective 8	Utilize age-appropriate communication styles and therapeutic techniques in caring for children and families.
Objective 9	Analyze the nursing role in planning safe care for the pediatric population.
Objective 10	Interpret the influence of family and culture on health care practices.

Student Learning Outcomes

	Upon satisfactory completion of this course, students will be able to:
Outcome 1	Explain the nursing role and plan of care in promoting, maintaining, and restoring wellness in the population of children.
Outcome 2	Examine pediatric physiology and principles of growth and development to provide individualized holistic nursing care to children within the context of their families.
Outcome 3	Distinguish information strategies to communicate effectively with children, families, and other providers to fit the learning level and needs for each parent, child, caregiver.

Methods of Instruction

Method	Please provide a description or examples of how each instructional method will be used in this course.
Lecture	Large group discussion, Power Point, concept mapping, socratic questioning
Collaborative/Team Participation	Small group assignments, pair and share
Discussion	Case studies, reading assignments
	Small and large group

Methods of Evaluation

Method	Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment
Tests/Quizzes/Examinations	Written exams (multiple choice, SATA, Hot Spot, etc.)	In Class Only
Computational/problem-solving evaluations	Medication administration competency -pediatric	In Class Only
Other	Case studies	In and Out of Class

Assignments
Other In-class Assignments

1. Participate in class
2. View videos and additional posted resources
3. Participate in group discussions, group work, and critical thinking exercises

Other Out-of-class Assignments

1. Complete reading assignments
2. Complete assigned computer programs
3. Complete case studies as assigned
4. Students should anticipate at least 2 hours of study time required for each hour of class in order to adequately prepare for class and to prepare for exams.

Grade Methods

Letter Grade Only

MIS Course Data
CIP Code

51.3801 - Registered Nursing/Registered Nurse.

TOP Code

123010 - Registered Nursing

SAM Code

C - Clearly Occupational

Basic Skills Status

Not Basic Skills

Prior College Level

Not applicable

Cooperative Work Experience

Not a Coop Course

Course Classification Status

Credit Course

Approved Special Class

Not special class

Noncredit Category

Not Applicable, Credit Course

Funding Agency Category

Not Applicable

Program Status

Program Applicable

Transfer Status

Not transferable

General Education Status

Y = Not applicable

Support Course Status

N = Course is not a support course

Allow Audit

No

Repeatability

No

Materials Fee

No

Additional Fees?

No

Approvals**Curriculum Committee Approval Date**

10/20/2022

Academic Senate Approval Date

10/27/2022

Board of Trustees Approval Date

12/16/2022

Chancellor's Office Approval Date

12/22/2022

Course Control Number

CCC000635139

Programs referencing this course

Registered Nursing AS Degree (<http://catalog.collegeofthedesert.eduundefined/?key=72>)