

Course Outline of Record

- 1. Course Code: VSM-040
- 2. a. Long Course Title: Varsity Golf-Men
b. Short Course Title: VS GOLF-MEN
- 3. a. Catalog Course Description:
This course is intercollegiate competition for Performance Oriented students who demonstrate a high degree of skill and interest. May be taken for a total of four times.
b. Class Schedule Course Description:
Golf Intercollegiate team class
c. Semester Cycle (if applicable): N/A
d. Name of Approved Program(s):
- 4. Total Units: 3.00 Total Semester Hrs: 175.00
Lecture Units: 0 Semester Lecture Hrs: 0
Lab Units: 3 Semester Lab Hrs: 175.00
Class Size Maximum: 30 Allow Audit: No
Repeatability Repeatable 3 Times
Justification Title 5 § 55041. Repeatable Courses. (a) Districts may only designate the following types of courses as repeatable: (3) Intercollegiate athletics, as defined in section 55000
- 5. Prerequisite or Corequisite Courses or Advisories:
Course with requisite(s) and/or advisory is required to complete Content Review Matrix (CCForm I-A)
Limitation on Enrollment: Successful tryout.
- 6. Textbooks, Required Reading or Software: (List in APA or MLA format.) N/A
- 7. Entrance Skills: *Before entering the course students must be able:*

8. Course Content and Scope:

Lecture:

- a. Principles and fundamentals of the sport.
- b. Coach and team philosophy, objectives, and goals.
- c. Conditioning and nutrition.
- d. Advanced skill development and analysis.
- e. Special situations.
- f. Strategies, methods, and techniques.
- g. Practice.
- h. Competition preparation.
- i. Intercollegiate competition.
- j. Performance evaluation.

Lab: (if the "Lab Hours" is greater than zero this is required)

- 1. Principles and fundamentals of the sport.
- 2. Coach and team philosophy, objectives, and goals.
- 3. Conditioning and nutrition.
- 4. Advanced skill development and analysis.
- 5. Special situations.
- 6. Strategies, methods, and techniques.
- 7. Practice.
- 8. Competition preparation.

- 9. Intercollegiate competition.
- 10. Performance evaluation.

9. Course Student Learning Outcomes:

- 1. Execute the fundamental skills of varsity community college golf.
- 2. Cite and apply the rules of community college men's golf.
- 3. Understand and apply eligibility/academic standards for collegiate athletics.
- 4. Develop physical fitness.

10. Course Objectives: *Upon completion of this course, students will be able to:*

- a. Demonstrate potential to achieve skills at the level necessary to participate in intercollegiate athletics.
- b. Maintain physical conditioning and training at the intercollegiate level.
- c. Practice safety and injury prevention.
- d. Understand the rules and strategies of the sport.
- e. Exhibit character, sportsmanship and loyalty.
- f. Assume responsibility.
- g. Maintain the academic standards necessary for participation in intercollegiate athletics and to attain educational goals.
- h. Identify and understand the dangers of substance abuse.

11. Methods of Instruction: *(Integration: Elements should validate parallel course outline elements)*

- a. Demonstration, Repetition/Practice
- b. Discussion

Other Methods:

Video Analysis (Team/Individual/Opponents)

12. Assignments: *(List samples of specific activities/assignments students are expected to complete both in and outside of class.)*

In Class Hours: 180.00

Outside Class Hours: 0

a. In-class Assignments

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b. Out-of-class Assignments

a. Intercollegiate Competition b. Review of Practice/Contest Videos c. Analysis of Intercollegiate and Professional Competition d. Upkeep of Notebook e. Assigned Reading f. Travel to Competition

13. Methods of Evaluating Student Progress: *The student will demonstrate proficiency by:*

- Presentations/student demonstration observations

14. Methods of Evaluating: Additional Assessment Information:

- a. Completing essay assignment
- b. Demonstrating proficiency in skill sets
- c. Improvement in performance as defined by season statistics against baseline measures
- d. Implementing game strategy through problem solving

15. Need/Purpose/Rationale -- *All courses must meet one or more CCC missions.*

PO-GE C5 – Personal Growth and Development

Interact with individuals and within groups with integrity and awareness of others' opinions, feelings, and values.

IO - Personal and Professional Development

Develop realistic goals.

16. Comparable Transfer Course

