#### DESERT COMMUNITY COLLEGE DISTRICT

# ATHLETIC TRAINER

### **BASIC FUNCTION**

Under the direction of the Athletic Director, assist in the development and implementation of a program for the prevention of injuries to physical education students and athletes; administer first aid and emergency medical care; treat injuries and provide rehabilitation according to authorized medical directions.

#### REPRESENTATIVE DUTIES

Administer first aid and emergency medical care including reconditioning and rehabilitation procedures to student athletes; provide immediate first aid care to injured athletes during team practices and athletic events; determine extent and seriousness of injuries and respond effectively. E

Provide follow-up health care for student athletes; consult physicians to plan and implement rehabilitation procedures according to prescriptions and suggestions. E

Drive college vehicle and transport students to contests away from campus and to doctor appointments. E Oversee, plan, coordinate and issue equipment to various athletic teams; coordinate laundry for athletic uniforms and practice gear; receive deliveries of athletic equipment and supplies, verify quantity and condition, mark and store equipment. E

Assist coaches in the off-season conditioning of athletes; provide input and coordinate team conditioning and exercise programs with coaching staff; provide information to students regarding health, nutrition and conditioning concerns or questions. E

Schedule drug testing for athletes; collect samples, prepare paperwork, send out for testing and receive test results.  $\boldsymbol{E}$ 

Prepare budget for athletic first aid, medical supplies and equipment for approval by the Athletic Director.E

Assist local physician and health personnel with physical examination arrangements for athletes; schedule appointments; review forms to assure accuracy and completion. E

Refer injured students to physicians as necessary. E

Prepare accurate and detailed injury and treatment reports of athletes and students treated and submit to appropriate personnel; maintain records and prepare insurance forms and maintain records. E Perform related duties as assigned.

### **KNOWLEDGE AND ABILITIES**

**Knowledge of**: Methods, practices, terminology and procedures used in athletic training activities including prevention of injuries; policies, procedures and objectives of physical education and athletic programs; general principles of anatomy and physiology; symptoms of various athletic injuries and applicable treatment and first aid methods; various types of therapeutic treatments, equipment and conditioning programs; laws, rules, regulations involved in assigned activities; oral and written communication skills; record-keeping techniques; interpersonal skills using tact, patience and courtesy. **Ability to**: Assist in the development and implementation of a program for the prevention of injuries to physical education students and athletes; administer first aid and emergency medical care; treat injuries and provide rehabilitation according to authorized medical directions; read, interpret, apply and explain rules, regulations, policies and procedures; analyze situations accurately and adopt an effective course of action; communicate effectively both orally and in writing; meet schedules and time lines; establish and

maintain cooperative and effective working relationships with others; understand and work within scope of authority; maintain records and prepare reports; observe legal and defensive driving practices; stand for extended periods of time; lift, carry and/or move objects weighing up to 75 pounds; manipulate injured athletes; "chair carry" injured players off the field; lift athletes onto spineboards; apply resistance during manual therapy.

## **EDUCATION AND EXPERIENCE**

Any combination equivalent to: Bachelor's degree in health or physical education, sports science or related field\_and three years experience as an athletic trainer.

### LICENSES AND OTHER REQUIREMENTS

Valid California driver's license, must have an acceptable driving record and current vehicle insurance meeting State of California requirements. Possession or eligibility to obtain a Class "B" driver's license. Possession of National Athletic Trainers Association (N.A.T.A.) certification; First Aid and CPR certificates; eligible to possess an advance First Aid certificate from the American Red Cross Association.

### WORKING CONDITIONS

**Environment**: Indoor and outdoor environment. Adverse weather conditions. Moderately noisy. **Hazards**: Exposure to blood and other body fluids. Exposure to excessive body odor.

#### **EMPLOYMENT STATUS**

Bargaining Unit Position

E=Essential Functions

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